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THE IMPACT OF GIVING

A YEAR IN REVIEW 2017 / 2018

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Cover photo: RCH patient Cooper underwent heart surgery at the hospital.
Read his story on page 16.



Kelsey Ketterer



Luca Miraglia



Aimee Scanlan

MEET OUR YOUNG FUNDRAISERS

For some young people who spend a lot of time as a patient, The Royal Children's Hospital feels like a second home; a place they feel a deep affection for, full of people who work hard to make them feel better.

Grateful for the care they receive, Kelsey and Luca have been inspired to give back to the hospital to benefit other sick children.

Aimee's focus is on ensuring more young people living with chronic illnesses enjoy the same opportunities she has had.

You will learn more about Kelsey, Luca and Aimee's generosity in *The Impact of Giving*.



Peter Yates AM, Chairman



Sue Hunt, Chief Executive Officer

Thank you

Giving to The Royal Children's Hospital (RCH) began with the founding of the hospital itself. Farsighted members of the community responded to the calls of two remarkable doctors, Smith and Singleton. People gave beds and blankets; they gave to establish a committee of management and they gave to grow the Melbourne Free Hospital for Sick Children.

In the century and a half since then, the RCH has been at the forefront of innovation in medicine and at the heart of caring for our children and young people, underpinned by the community's generosity.

After another year of extraordinary support, we extend our enormous thanks to everyone who contributed. The important

work of our hospital can only be delivered thanks to the generosity of the many passionate individuals, groups and organisations that believe in its work. It enables the hospital to continue to provide world-leading healthcare to our children and young people. We cannot thank you all enough for what you help us to achieve.

The continued success of the Good Friday Appeal and the special place it holds in the hearts of Victorians is a constant example of the commitment of the community to our sickest and most vulnerable children. We thank the Herald and Weekly Times, the Seven Network, and all of the Appeal's supporters and partners and congratulate it on raising over \$18 million this year.

The RCH Foundation is the eyes and ears of our donors within the hospital. We steward your funds and work with the RCH and its campus partners to maximize the impact of these

*"Thanks to you, our generous community, we were able to **provide funding to more than 200 life-changing programs** led by the RCH and our campus partners, the Murdoch Children's Research Institute and the University of Melbourne, Department of Paediatrics."*

generous gifts. A key role of the RCH Foundation, through our Grants Committee, is to ensure that all donations give the hospital every opportunity to deliver the innovation needed to change the future of children's health now and into the future.

We are delighted to report that in 2017/18, more than \$53.4 million was raised in support of the hospital. This support is transformative and enabled the RCH Foundation to grant more than \$48.2 million to the hospital - more than ever before. We funded more than 200 life-changing programs, led by the RCH and our campus partners, the Murdoch Children's Research Institute and the University of Melbourne, Department of Paediatrics.

These programs and initiatives span numerous medical specialisations and teams across our campus, ensuring the hospital can continue leading the way, maintaining its place as a top tier academic health science centre.

In this report we highlight these initiatives, founded on our four pillars of medical excellence:

- **Research:** undertaking life-changing research programs such as the clinician scientists program
- **Equipment and technology:** ensuring the hospital has access to new, cutting-edge equipment and technology, including patient monitoring systems for our two cardiac theatres
- **Leadership, education and training:** guaranteeing we have the best and brightest medical minds right here on campus, in particular our large nursing cohort
- **Patient and family centred care:** improving the patient experience and setting new, positive pathways for vulnerable children through programs like the Specialist Group Work Program, that help those impacted by family violence

There are many stories we proudly share with you in this year's Impact of Giving, highlighting the importance of these programs and initiatives. We will also introduce you to some of our most dedicated and passionate supporters.

Since the beginning, our vision has been to transform healthcare for children and young people, ensuring brighter childhoods and healthier futures. This vision remains the same today as we look toward 2020 and the 150th anniversary of the founding of the RCH.

The leadership team of the hospital and campus partners are creating a bold plan for the future of the RCH. Just as in 1870 when farsighted members of the community of Victoria backed our founders' vision, your support of the new plan will be essential to its success. We look forward to sharing the plan with you. Together we can change the future of children's health, solve today's medical challenges and prepare for tomorrow's.

We sincerely and wholeheartedly thank you for the impact your gifts to the RCH Foundation make to this great hospital and the young people in its care.

Peter Yates AM, Chairman
Sue Hunt, Chief Executive Officer

2017/18 overview

\$53.4m

RAISED IN 2017/18 FROM OUR COMMUNITY OF SUPPORTERS

42%

INCREASE IN THE NUMBER OF HOSPITAL-IN-THE-HOME BEDS

86,140

CHILDREN RECEIVED URGENT CARE IN THE EMERGENCY DEPARTMENT

338,142

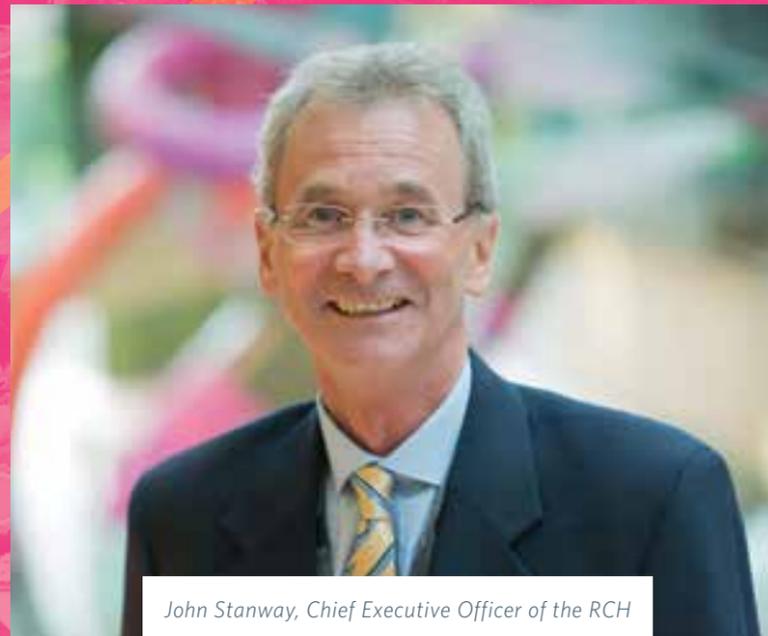
AMBULATORY APPOINTMENTS

17,984

SURGERIES WERE PERFORMED AT THE HOSPITAL

50,314

INPATIENT ADMISSIONS



John Stanway, Chief Executive Officer of the RCH

“At The Royal Children’s Hospital we enjoy outstanding support from our community and together we have built a reputation as a world leader in paediatric care.”

For almost 150 years, The Royal Children’s Hospital (RCH) has been caring for Victoria’s sickest and most vulnerable children.

From humble beginnings in Exhibition Street in 1870 as the Melbourne Free Hospital for Sick Children, with just six inpatient beds, the RCH has grown to become one of the world’s great children’s hospitals.

And while our hospital has changed during this time, our commitment to delivering outstanding care to children and their families has always been at the centre of everything we do.

At the RCH, our work is underpinned by our pillars of great care - Excellent Clinical Outcomes, Positive Experience, Zero Harm, Timely Access and Sustainability - and a dedicated team of almost 6,000 staff working tirelessly to deliver the best possible care to our patients and families.

However it is thanks to the outstanding work of the RCH Foundation, the annual Good Friday Appeal and our Auxiliaries and generous giving from individuals and organisations, that we are able to go above and beyond to achieve our vision of being a GREAT children’s hospital, leading the way.

This support allows us to purchase life-saving equipment and technology, conduct ground-breaking research, offer leadership, education and training opportunities, and improve the way we deliver patient and family centred care.

During 2017-18, demand for our services continued to grow and we worked hard to find new ways to ensure our patients receive the right care in the right place at the right time.

In December 2017, an RCH Foundation grant enabled us to establish a Digital Command Centre, which uses data from our electronic medical records to improve efficiency, productivity and timely access to clinical care across the hospital.

With the assistance of the RCH Foundation, we also launched the Rapid Assessment, Planning, Investigations and Discharge (RAPID) program in our Emergency Department (ED) to initiate consultations in the waiting room and streamline care for families. By diverting less serious cases outside the ED, we’ve been able to reduce our patients’ waiting times, improving access and flow throughout the department.

In the same way we are committed to partnering with families in the provision of care at the RCH, we are committed, through the RCH National Child Health

Poll, to putting the voice of Australian families at the heart of the conversation about child and adolescent health, informing national discourse, health priorities and policy formulation. And I’m delighted that with your support, the RCH Foundation has agreed to fund this important research for the next five years.

It’s been another busy year for our hospital and I am very proud of the way our community came together to create a brighter future for our patients.

We are incredibly fortunate to receive such generous support, and every single person who donated or got involved in one of the many fundraisers across the state can genuinely take pride in the fact they’ve helped build one of the greatest children’s hospitals in the world.

On behalf of the staff, patients and families at The Royal Children’s Hospital, I sincerely thank you.

I hope you enjoy reading about some of the life-changing programs outlined in this report and I look forward to sharing many more incredible stories with you over the coming year.

John Stanway
Chief Executive Officer
The Royal Children’s Hospital

A message from the Good Friday Appeal

Thank you!

Thank you to our compassionate and dedicated community who came together to make 2018 another great year for The Royal Children's Hospital Good Friday Appeal. Through the fundraising efforts of individuals and groups, the thousands of volunteers who provide their time and expertise, and the services provided by our wonderful supporters, a record amount of \$18,043,251 was raised this year.

Our supportive fundraisers

Another record broken this year was the 342 community groups, schools and businesses who registered with us to raise funds. From auctioning pigeons and budgerigars to students from Elisabeth Murdoch College participating in the 50km iCAN Challenge, and the family business Hunky Dory donating money from the sales of their potato cakes, we are so grateful to all who got involved and their fundraising efforts.

Our corporate community

We are also extremely grateful for all of our long-term corporate supporters. As always, the commitment by the Herald and Weekly Times to share stories of patients and their families, and demonstrate the difference the funds from the Good Friday Appeal make to The Royal Children's Hospital, is invaluable. The Channel Seven telecast showcases the generosity and commitment of the community and the stories of those who benefit from the funds raised.

Henley Homes celebrated their 25th year of support with a total of 39 charity homes built, the latest of which was in Villawood Properties' Waratah Estate in Mickleham and raised an incredible \$860,000 for the Appeal.

In the late 1940s the Post Master General's department provided both phones and telephonists to support the 3DB Good Friday Appeal radiothon. Seventy years later, Telstra is still supplying the technology to support the telethon in the phone room, with the Telstra team lending their ingenuity to power the Appeal.

Woolworths added a wonderful Gala Ball to their fundraising efforts this year, in addition to the various in-store raffles and fairs held throughout the year. Their staff and customers have helped raise funds for over 31 years to support patient and family centred care at the hospital.

Thanks again to Mazda, Majestic Caravans, Qantas and Scenic for contributing prizes to our second Great Good Friday Appeal Raffle. Over 65,000 tickets were sold this year with all proceeds going to the Appeal.

Also held for a second year was the AFL Kick for the Kids match, this year played between North Melbourne and St Kilda. Their support, along with that of the AFL and Etihad Stadium, saw a number of fundraising initiatives leading up to and at the match, including our army of volunteers receiving donations on the day from over 33,000 supporters.

Our collection groups and volunteers

We also have the great support from collection groups like Uncle Bobs Club, Pied Pipers and CFA and, of course, the thousands of volunteers on Good Friday all across the state. These supporters work tirelessly door knocking, manning intersections, rattling tins and assisting in many roles at Kids Day Out, so the Good Friday Appeal can provide funds for The Royal Children's Hospital to continue providing world class care to our most vulnerable.

And finally we want thank our Face of the Appeal, Arielle, and her family for allowing us to share her story and for their support of the Appeal this year.

Penny Fowler Chairman, Good Friday Appeal

Anne Randall Director, Good Friday Appeal



Clockwise from top: GFA final tally, Xander and Andy, Lochlan, Arielle (Pictures: Jason Edwards / Herald Sun)

Changing lives

MEET KELSEY

Kelsey liked her hair in a bun, a ponytail or in plaits “like Anna from Frozen”. Now she’s loving being almost bald because shaving her head helped her raise more than \$5,000 for The Royal Children’s Hospital (RCH), a place she’s come to love.

In 2015, the seven year old had a dramatic episode of spontaneous bleeding from the mouth. A diagnosis of arteriovenous malformation (AVM) in her cheek and lower jaw was made quickly after her first visit to the RCH.

AVM is characterised by an abnormal connection between arteries and veins, bypassing capillaries and interfering with natural blood flow.

Kelsey’s first major surgery was a partial restructure of her jaw including the insertion of a metal plate. Bone taken from her hip was put in her jaw but an infection led to some of that bone dying, which will likely mean further surgery for Kelsey once she stops growing.

“The people at the RCH are world class,” said mum Tamara. “I can’t say enough about the care Kelsey’s had.

“She’s made some friends but she’s also seen other sick children and I think that’s where she got the idea to shave her head to raise money.”

As for Kelsey, she’s rocking her new ‘do.

“It’s a bit spikey and people at school always touch it,” she said. “I think the doctors and nurses will think I’m just a little patient baldy.

“I don’t just want to help myself but I want to help other sick kids and I thought I’d maybe get to 50 bucks. I can’t believe I’ve raised more than \$5,000.”



RCH patient and fundraiser Kelsey shaved her head to raise over \$5,000 for the hospital

Working to the beat

Within the vulnerable population of patients at The Royal Children's Hospital (RCH), newborns and other children undergoing heart surgery are at particular risk of developing complications.

Thanks to the generosity of Victorians, a new cutting-edge patient monitoring system has been installed in the two cardiac theatres. This technology displays the monitored physiological parameters of patients undergoing life-changing cardiac surgery, and is used by anaesthetists, surgeons and perfusionists.

"A good way of thinking about the new monitor is as a sophisticated dashboard in your car or the cockpit of a plane," said Specialist Paediatric Anaesthetist Dr Ben Turner.

"At every moment there is a lot of information being collected: everything from the temperature of the patient's skin and core to the depth of the anaesthetic, meaning the effect of the anaesthetic agent on the level of brain wave activity.

"It's important that, at a glance, the anaesthetist can check that everything is stable and within the expected ranges. If any aspect of the physiology has changed an alarm will sound so the team is notified, the way you configure a speedometer in a modern car to notify you if you exceed a preset speed."

During anaesthesia for cardiac surgery, a patient's vital signs can fluctuate. The anaesthetist needs to see these changes to assess whether they are significant, and to make the necessary adjustments to the doses of anaesthetic medication and the anaesthetic machine to keep the patient safe.

In extreme circumstances, this can involve emergency resuscitation of a patient from a life-threatening event detected by the new monitors which are accurate from one heartbeat to the next. This is especially important during the start of the operation when the anaesthetist may be moving around the operating room preparing the patient for surgery.

The critical stages of anaesthesia include induction (the commencement of the anaesthetic) and the transitioning

onto and off cardiac bypass when physiological fluctuations present the greatest danger. The monitors display all measured variables. This enables the treating team to promptly treat potentially life-threatening conditions that can present during surgery such as low blood pressure (hypotension), a fast or irregular heart rhythm (tachycardia or arrhythmia) or an abnormally low concentration of oxygen in the blood (hypoxaemia).

The new monitors feature touch-screen technology which allows for easy adjustment of the parameters. Other menus can be accessed to mine further into detected changes such as to the electrocardiogram pattern to detect abnormal heart rhythms.

The touch screen also allows for maintenance of the important infection control levels within the operating theatre.

In 2016, the RCH installed a sophisticated electronic medical record system. As one of its many functions, it provides a library for anaesthetic records. The new cardiac monitors export the patient's information directly into the database, enabling the anaesthetist to concentrate on managing the patient instead of recording information onto a paper chart as was done previously.

"There are enormous benefits to our patients in this compatibility," continued Ben.

"If a patient comes in for a second procedure, we can look back at their previous data. A child born with hypoplastic left heart syndrome, for example, where the left side of the heart doesn't form correctly, affecting blood flow through the heart, might have three operations in their first five years of life. We can look back at their previous anaesthetic record and better plan for their next operation."

The stored data provides other opportunities for the anaesthetic and surgical teams in terms of safety and for research. An important part of the process of quality and safety is reviewing the state of the patient's vital signs before a critical event. With the information now recorded on a minute-by-minute basis, doctors can learn from any warnings before an event from a previous surgery to try to ensure it doesn't happen a second time.



Paediatric anaesthetist Ben Turner experiences the benefits of the new cardiac monitors every day

Meet Cooper

Cooper is one of the cardiac patients who has passed through the operating theatres since the installation of the new monitoring equipment and ... he doesn't remember a thing about it.

He recalls being 'so starving' before his surgery but, when it comes to the operating theatre equipment, no comment. So, all was exactly as it should be for an anaesthetised patient undergoing a six-hour operation to repair a bicuspid aortic valve.

The ten year old is a dynamic example of the RCH's great cardiac care, bouncing around some months later and running off down avenues of zany word play.

While he's making a gradual transition back to school, attending only half days, mum Amanda has to put the brakes on his desire to scooter and trampoline. It's an indication of how much better he's feeling.

"I remember I was so tired before the operation and I had to take a lot of medicine that tasted disgusting," said Cooper who, Mum thinks, might be on his way to a career in chemistry to make all medication taste good.

Certainly the medication-go-round remains a fresh memory: take pain medication which makes you drowsy and gives you a cough; medication for a cough makes you itchy; medication for itchiness gives you nausea; medication for nausea leads to constipation.

Cooper has been monitored every three months since birth with his heart condition picked up when Amanda was just 20 weeks pregnant.

While some people with a bicuspid aortic valve can get to adulthood without having valve problems, cardiologists recognised in 2017 that intervention was required to overcome the blockage to Cooper's aortic valve and repair the stretched aorta above his narrowed valve. During surgery it was determined that a repair could be undertaken rather than a complex valve replacement, so a reconstruction of his aortic valve using his own tissues was performed.

The aortic valve joins the lower left heart chamber to the aorta which is the main artery leading to the body. A bicuspid aortic valve may prevent the heart's aortic valve from fully opening and therefore reduces or even blocks blood flow from the heart to the body.

From a playground perspective, Amanda noticed that Cooper was struggling to keep up with his friends and get through a full school day. It was time.

Cooper was in the RCH for eight days.

"There was no use telling him it was going to be easy," said Amanda. "There's a lot of poking and prodding in hospital but if he got anxious we'd get a wet paper towel and rub his forehead."

"We told him the mask would go on in the operating theatre and he wouldn't wake up during surgery. And we told him that each day he'd get a little better."

To their great relief, the head surgeon rang Amanda and dad Kristian straight after the operation to report that it had gone well. They saw and spoke to their heavily medicated son the next morning and, by the end of that first full day of recovery, Cooper was out of bed and sitting up. By the seventh day he was in a wheelchair playing PlayStation in the Starlight Room.

"I actually think children handle hospital better than adults do," continued Amanda. "One day Cooper saw me crying and said, 'You can't cry, Mum, because I have enough to deal with'."

Amanda was most grateful for the personal touches on the ward.

"The ward doctor kept calling in at the end of each shift just to check on Cooper and one of the nurses kept coming past to do the same," she said. "You could really feel their care and concern."

And the best thing about being in hospital from Cooper's perspective?

"Spending time with my mum, and my dad getting me McDonald's."

While the surgical repair is expected to last Cooper at least five to seven years, this sophisticated surgery might actually last him for more than two decades.



The new cardiac monitors help RCH patients like Cooper

Children seen and heard

Look up. Make eye contact. Speak so people can hear you. Don't yell so others turn away. Never raise your fist.

It's a complex set of social and relationship rules that children miss learning if they're just trying to survive in a home where family violence is prevalent and the main lesson they're absorbing is, 'Do as I say, not as I do'.

Setting new, positive pathways for vulnerable children exposed to family violence or displaying challenging behaviours has been Senior Social Worker Tara Pavlidis' mission since the Specialist Group Work Program (SGWP) was established in Brimbank in 2011. As part of the Communities for Children project, supported by The Smith Family and delivered in conjunction with schools and welfare agencies, this therapeutic group work has successfully expanded the reach of The Royal Children's Hospital (RCH) Mental Health service.

"Not all problem behaviours arise from familial trauma but it's often an underlying cause," said Tara. "It's an immediate threat to a child's developing brain and therefore their mental wellbeing and there are many ways this plays out.

"It can harm the child's attachment to their primary caregiver. It compromises their ability to initiate and maintain peer relationships because their behaviour is often based on what's modelled at home. Violence is normalised. There are often speech and language difficulties. Many of these children have low self-esteem and perform poorly at school as their cognitive development is impaired, while others are high-achieving kids who just can't relax."

Many of these children have also missed out on the critical learning that comes from play. In a household where play might be regarded as too loud, taking up space and making a mess without permission, toys might also be destroyed or simply can't be afforded.

It's no wonder that playing games and having fun underpin the serious lessons in the therapeutic groups run by Tara for primary school aged children. How about joining the Secret Agents Society, a program for children experiencing social and emotional difficulties with a focus on peer relationships? There's also Stop, Look, Listen, a social skills group, and Feeling is Thinking for children struggling with strong emotions, especially anger and anxiety.

The children develop a range of practical coping skills in the face of adversity and also have the chance to share their stories in a

safe space. Being heard can help break the stigma associated with mental health struggles or living with family violence.

"Rock and Water has a martial arts influence focusing on social and emotional wellbeing related to core strength and discipline over self, mind and body," continued Tara. "Drumbeat focuses on positive and negative relationships and talks about who is safe and trustworthy in their lives. Children might talk about being scared at home and their awareness of drugs and alcohol and other concerning issues in their community.

"At the end of Drumbeat, each child invites two people to a drumming performance and we see some wonderful transformations. Very anxious children with their eyes glued to the floor in week one now display some confidence and pride."

Many of these therapeutic groups have a separate parent or carer component and they also receive post-group feedback on their child's involvement. Parents Accepting Responsibility Kids are Safe, however, is a child-led group with parents and children joining for one session. The aim is for children to have their experiences validated while parents get a sense of the complexity of what their child is dealing with.

This direct support to children and families also builds the skills of the education and welfare agencies co-facilitating, in mental health support and trauma-related prevention and intervention. The majority of children are referred to the SGWP by schools that also identify which therapeutic group would best suit their students.

In turn, the RCH benefits from the connections schools and welfare agencies have to families who are typically not help-seekers. In many cases, Tara might be the first helping professional they have spoken to about trauma.

Feedback from families and community partners has consistently praised the practical effectiveness of the program. Not only have relationships within families, with teachers, and peers dramatically improved, but so have their connections to schools, welfare agencies and their local community. It's a cost-effective, child-centred model that reduces the need for more interventionist mental health care services down the track.



MEET THE DONOR

The Smith Family is a national charity helping young Australians in need and is also the facilitating partner for Communities for Children, an Australian Department of Social Services program. They have been a community partner with the RCH for four years, working with the SGWP to support Brimbank children as active learners.

Tara Pavlidis is a senior social worker with the Specialist Group Work Program

Meet the family

Amanda* and her two oldest daughters have been through hell. They finally fled the family home and checked into a motel after Amanda was punched in the head by the girls' stepfather. That injury sent her to hospital where a social worker helped the family take the first steps towards a new life.

"I didn't know where to go but they told me to call Centrelink and how to find out about housing," said Amanda, recalling her first contact with a helping professional. But she was still worried about her daughters who had to change schools in the middle of term.

The school identified that both girls needed some emotional support. That's where Miss Tara came in with both girls completing the Just for Kids and Drumbeat programs.

'Karma*' is 11 years of age. She's naming herself after her favourite character in Assassination Classroom, the anime she loves to watch after school.

"Karma is a prankster and very mischievous," she said. "He makes me laugh and I like how he goes on a lot of adventures by himself."

'Clary*' is 10 years of age. She's naming herself after a favourite character from Cassandra Clare's Shadowhunters who "spends a lot of time with her best friend and helping people. She's the toughest one and brave."

Certainly toughing it out is one way of responding to the upending of your home life because of family violence. But the Specialist Group Work Programs helped them explore the complex emotions swirling behind the brave faces they put on for show.

"The programs were about expressing our feelings about our family situation," said Karma. "We don't have a dad and we were feeling things like disappointment and sadness.

"I was excited to do Drumbeat with some of my friends although I didn't really know what it would be like. I think it was about teamwork and how you play together. I felt more open afterwards and you feel a lot of trust with other people. They tell you things about themselves and they know you won't tell anyone else and make them feel bad.

"I said how I was feeling and people didn't laugh at me. I'd feel sad when I was talking but I forgot about those feelings afterwards."

Drumbeat is a social and emotional learning program that is also an acronym: Discovering Relationships Using Music, Beliefs, Emotions, Attitudes and Thoughts.

That's a broad claim, and yet program feedback from both parents and participants consistently highlights the way children find pride in themselves through mastery of the instrument. Children all drumming in rhythm know they're getting it right; they experience their power and learn to 'tune' into others with generosity and compassion.

Drumbeat is of particular benefit to children experiencing psychological distress and post-traumatic stress symptoms. It uses group rhythm to give children an experience of peer connectedness; a solid foundation on which to build better school and community belonging.

Clary most enjoyed the Just for Kids program. "I felt calm and I had fun too," she said. "You can be in a group even with people you don't know but you don't feel left out.

"I also just really liked being with Miss Tara because she's so calm and peaceful. She made me feel less worried and now I think it's easy to talk about feelings."

Amanda agreed that Clary finds it easy to talk ... and talk ... and talk.

"But they both used to keep their feelings to themselves," she said. "They'd break down and there was a lot of anger and frustration in the house. They'd have arguments that were full of hurt and blame.

"I just want them to feel normal and know that they're not the only ones going through something difficult. The programs encouraged them to open up and be themselves. Miss Tara has given them the knowledge and confidence to talk about their feelings."

Of course there's still the usual sibling bickering and snickering but the heat has gone out of their conflict: "You have pimples!" "No, I don't, but you have a moustache!"

*Names have been changed to protect the family's privacy.



Senior social worker Tara Pavlidis works with patients like Karma and Clary

Antibiotics: the 'wicked' questions

The Clinician Scientist Fellowships (CSF) is a world-first scheme open to medical, nursing and allied health clinicians from The Royal Children's Hospital (RCH). It offers successful applicants a golden opportunity: protected research time. It's an investment in early and mid-career clinician researchers as they establish an independent research program.

Associate Professor Penelope Bryant was one of five in the first CSF intake and has just completed her second year of five. She is packing a mighty amount of research into her two days a week away from her clinical position as a paediatric infectious diseases physician.

She might still see patients during those days, however, because her clinical practice and research share a unifying theme; what Penelope described as 'a wicked problem'. It is, in fact, an issue the World Health Organisation also has in its sights: antibiotic overuse and misuse.

"In my clinical practice, my patients include any child with an infection, from the straightforward like cellulitis to the complicated such as infections in cancer," said Penelope. "My research is about helping healthy children *not* get infections, particularly antibiotic resistant infections."

In Australia, about 50 per cent of children have had one course of antibiotics by the time they turn one, yet children are a neglected cohort in most studies of the subject. With antibiotics underpinning so much of our healthcare, it's vital their usefulness is preserved by intervening early to prevent an explosion of resistance in children.

"At the RCH, we're articulating a clear vision to develop best practice in antibiotic use," continued Penelope, "treating the right patient with the right antibiotic at the right time in the right place."

But where is that place? While children don't commonly develop resistant infections, an unknown rate of colonisation with resistant bacteria in their nose and throat, skin and gut can spread these bugs to family members. Penelope and her team are developing a map to chart where childhood antibiotic resistance is primarily located in Australia to determine how that aligns with antibiotic use, hospitalisation rates and socio-economic levels.

"Antibiotic use can have downstream effects," continued Penelope. "We're just beginning to learn about the effects on the microbiome - the sum total of all the microorganisms that colonise the human body - and how these disruptive effects might lead to issues like obesity, for example."

While the fellowship positions Penelope as a research leader, her research focus is sharpened through a number of other significant positions.

She's the co-leader of the Clinical Infectious Diseases Flagship at Murdoch Children's Research Institute (MCRI) and led its engagement with an international review to address the central problems in paediatric infectious diseases.

She is also the chair of the RCH Antimicrobial Stewardship Committee which oversees the use of antibiotics in the hospital, and the medical lead of the RCH's Hospital-in-the-Home (HITH) program. The latter is by far the largest such paediatric program in Australasia and adds at least 50 virtual beds to the RCH with clinical staff paying daily visits.

"One of the things I'm most proud of is the oversight we've put into antibiotic use in Hospital-in-the-Home," said Penelope. "Previously bone and joint infections might have been treated for six weeks, but children don't need that."

Although intravenous administration of antibiotics is the most common HITH treatment, Penelope is convinced that the other best medicine is simply being at home.

"Children do better psychologically staying within the family dynamics," she said. "We particularly want to minimise hospital stays for children who spend a lot of time on the wards such as those with cancer or cystic fibrosis."

So responsive is the HITH model that, for five years, it's been offering a pathway out of the Emergency Department (ED) and straight home for treatment.



"The ED team liked the concept but questioned whether it was safe," continued Penelope, "so we ran a world-first randomised control trial. For 188 children presenting to ED with severe cellulitis, we investigated the efficacy of intravenous treatment at home and found that it was in fact safer at home as well as a cost saving for the hospital.

"It's about turning best evidence into best clinical practice."

Penelope was mentored at the start of her fellowship by a senior MCRI clinician and now she's in the mentor's position. The baton is passed on and one of her priorities now is to build up early post-doctoral fellows.

"The fellowship tells people our research program is exciting," she said. "Come and engage with us.

"There's not just a need for collaboration between scientists and clinicians but a need for individuals fluent in both science and medicine to think about their patients differently. It makes them better clinicians. It makes me a better clinician."

Associate Professor Penelope Bryant is supported by the Clinician Scientist Fellowship

RESEARCH

Meet Fletcher

Fletcher has just turned four. Sometimes he's Ironman. Other times he's Captain America or Batman.

He loves construction sites and emergency vehicles and he has a couple of cool scars that hint at a very different story underlying his current sunny childhood.

He's the third of three children and was Ricky and Rianna's largest baby. She was breastfeeding and the family was bonding with big sisters who adored their new brother.

"At six weeks he was fine one day and then the next day he wasn't feeding," said Rianna. "By the afternoon he was lifeless and the GP told us to get him to the hospital which meant The Royal Children's Hospital [RCH]."

"He was limp and not responsive by the time we got to the Emergency Department. The doctors thought he had meningitis and tried to do a lumbar puncture but couldn't. He was in intensive care for a few days."

There was no firm diagnosis and specialists from a range of RCH departments conferred to try to identify the cause. A specialist in childhood infections, Penelope Bryant (page 22) recommended that, without another diagnosis, it was safest to treat it as a brain infection. Under the care of the Hospital-in-the-Home (HITH) program, Fletcher went home with his family and a secure drip in his vein. With a nurse attending each day to administer antibiotics, he became more alert and gave his parents the reward of the odd little smile.

Fletcher completed treatment and life went on. At eight months he underwent a routine procedure but the following day was anything but routine.

"The doctors thought he had developed sepsis [a bloodstream infection] from a local skin infection and started him on antibiotics," continued Rianna. "Then his torso began to turn red and purple."

Penelope put Fletcher on broad antibiotics and was concerned there was dead tissue under the discoloured skin, but this was not borne out by multiple scans. He went into kidney failure, however, and was readmitted to intensive care where he didn't open his eyes for days. A line was put into his chest because

his veins had collapsed from having so many intravenous lines. Rianna lost her breastmilk.

Because Fletcher wasn't improving, surgeons agreed to exploratory surgery that found a thick layer of pus from his armpit to his groin. They washed it all out and Fletcher started to improve.

The pus led to a firm diagnosis of methicillin resistant Staphylococcus aureus (MRSA) infection, which occurs when the relatively common skin bacteria 'staph' becomes resistant to commonly used antibiotics.

"We often don't know why kids get resistant bugs," said Penelope. "Sometimes it's because of previous hospital admissions or antibiotic use; sometimes because a family member has been in hospital or travelled overseas; and sometimes we can't find an underlying reason because these bugs just exist in the community. We do know that, where possible, the best place for treating infections, resistant or otherwise, is at home."

While Rianna admitted she was scared to leave the hospital - 'our safe place' - the family was also delighted to have their boy back amid the controlled chaos of everyday life. Again, Fletcher received his intravenous antibiotics via HITH care.

Numerous follow-up tests showed Fletcher's immune system working well, so there has been no explanation why the MRSA caused Fletcher to have such a serious infection.

Those dark days are now more than three years past but they'll never be quite over for Rianna.

"I'm the kind of parent who has to be across everything," she said, "and I'm very overprotective now, although he's a strong little kid who's hit all his milestones."

"I thought at the time, 'This isn't my story. This isn't my reality.' But we know we've been very lucky and I'm very grateful to the RCH. I live my life being grateful."



Fletcher is one of the many RCH patients benefiting from Associate Professor Penelope Bryant's research

Nursing minds

More than 2,000 strong, nurses make up the largest professional group providing clinical care at The Royal Children's Hospital (RCH).

Through the generosity of Victorians, the reach and profound impact of nurses is being extended. Under the stewardship of Professor Fiona Newall, funded as the Donald Ratcliffe and Phyllis McLeod Director of Nursing Research, a Nursing Research team was established in 2011 to focus on academic nursing leadership.

Nurses are the eyes and ears on the wards. The research team supports them to think critically about their bedside observation of patients, to ask questions of practice, gather evidence as a complement to their clinical expertise, then pinpoint achievable improvements. The ultimate goal is transforming evidence-backed research into improved practice.

Fiona described it as a "grassroots enabling" of nurses.

"That starts with nurses standing alongside patients and identifying a problem," she said. "That problem isn't abstract but something causing the child or family pain, discomfort or distress."

Eight RCH nurses each year are accepted into the Building Evidence with Support to Transform (BEST) Practice program to break down their identified problem and work towards a solution over six months.

Supervised by Fiona and other members of the Nursing Research team, the nurses write a project brief.

"We're careful to select projects that have a feasible solution," she continued. "Is the identified problem a systems issue? Will it be possible to implement a clinical change? We take a personalised approach through a series of workshops and study days. We give them an understanding of research principles such as how data can lead change, but also support them to work with stakeholders or seek ethics approval."

So far 84 nursing clinical guidelines have been developed to improve clinical outcomes for RCH patients and their families. In the last financial year, these web-based nursing guidelines have garnered 2.25 million hits, the majority accessed internationally.

The Nursing Research team has a strong partnership with the Department of Nursing at the University of Melbourne, supporting student nurses to complete clinical research projects at the RCH in the light of contemporary practice. In addition, the research team supports RCH nurses across the continuum of academic development from post-graduate certificates to PhD studies.

There are now six PhD-prepared nurses on campus, eight nurses completing PhDs and 178 nurses with Masters-level qualifications. All these research studies are informed by clinical questions identified by nurses in practice.

Fiona is a role model of this integration of practice and research, maintaining her clinical practice one day a week in the Clinical Haematology department as a Clinical Nurse Consultant in Anticoagulation.

The vision of the Nursing Research team is to further grow the nursing network and encourage broader research collaboration and service evaluation across the campus. The program raises the profile of nurses as subject matter experts while underpinning that knowledge with research methodology.

Also supported each year under Fiona's broad umbrella is the Dame Elisabeth Murdoch Scholarship recipient (page 39). The 2018 recipient Tania Ramos was provided with dynamic mentoring which will lead to the collation of her findings on emergence delirium, experienced by some children as they emerge from the operating theatre.

"Underlying all of this is helping the hospital achieve excellence through delivering great patient care," continued Fiona. "Nurses aspire to advance themselves, but their clinical issues also place them in exact alignment with the hospital's aspirations: timely access to quality care and doing no harm."

"We seek to establish nurses as agents of change. It's quite something to see the look of determination in an empowered nurse's eyes when they can see a solution up ahead and they are a part of that solution."



MEET THE DONOR

Professor Fiona Newall's position is named in honour of husband and wife Donald Ratcliffe and Phyllis McLeod who established in their Wills a Trust Fund to support medical research.

Legacy gifts ensure the hospital is able to continuously improve paediatric care. Through the Donald Ratcliffe and Phyllis McLeod Director of Nursing Research, the future of children's healthcare is being transformed.

Professor Fiona Newall is the Donald Ratcliffe and Phyllis McLeod Director of Nursing Research

Meet Nicole and Suzie

When you've got to go, you've got to go. And when you're a child given a bowel preparation in the lead-up to a colonoscopy, you have to go very urgently.

Suzie Jackson and Nicole Armitage are Clinical Nurse Specialists who've worked together for 15 years. Now on Possum Ward, a short-stay surgical ward, they administer the preparation for a bowel washout to an average of one child a fortnight.

Toileting accidents compound the distress these children have already gone through since admission. In order for the preparation to be given, a nasogastric tube needs to be inserted into the nose, down the throat and into the stomach. This may be performed with or without sedation and sometimes multiple attempts are needed which can be traumatic for the child and their family members watching on.

"We'd say, 'Oh, no! Here we go again'," said Suzie. "We need to do something to better support the preparation, admission and management of these children."

"We went to a presentation about the BEST Practice program (page 26) and were inspired to apply. We were keen to find a way to improve this issue and being accepted into the program gave us the opportunity to learn research methods."

Professor Fiona Newall mentored the two nurses across nine study days that began with them identifying the chain of problems that added up to an unnecessarily tough and messy hospital stay.

The pair collected data from the hospital's electronic medical records using key terms and identified 20 patients around four years of age as their study cohort.

"Most children having this procedure are capable of drinking the bowel preparation solution at home," said Nicole. "No problem there."

"The small number that require admission the day before for the preparation to be given were our target group. Their families didn't seem to be fully informed that this would involve insertion of the nasogastric tube."

Sedation is optional for nasogastric insertion but if it is used the child must have fasted for two hours beforehand. This was another detail often not passed on to parents and the process would subsequently be delayed two hours.

Admission times were generally late in the afternoon with no play therapists available after hours to help minimise the child's anxiety and gently lead them through the insertion procedure. Late admission also meant missing out on double nurse time when the morning and afternoon shifts crossover; an issue on a ward like Possum which has only a small staff.

Nitrous Oxide is the preferred sedation agent for nasogastric insertion but it's not available in Possum Ward. Patients need to be transferred to another ward and wait for accredited staff to assist.

It's now late afternoon, delays are accumulating and the clock is ticking towards bedtime and a rough night ahead. Urgent bowel movements may start within an hour of receiving the bowel preparation and may lead to toileting accidents and interrupted sleep in the lead-up to the colonoscopy.

"We asked a question of our practice and Fiona backed us to find a solution," said Suzie. "We identified the issues as work-flow, a problem with timing and a lack of advance notice."

After six months, they came back with a series of recommendations that will form a new practice guideline.

"Children need to be admitted earlier having already fasted to avoid a delay," said Nicole. "They need a written plan of care with orders for sedation, bowel prep and rehydration."

Nicole and Suzie are developing a parent information leaflet so families arrive earlier and are fully informed. It encourages parents to try and get children to drink the preparation at home to avoid an overnight hospital stay, and links them to practical supports like educational play therapy. It also describes the insertion of the nasogastric tube so it's not a nasty surprise.

Suzie and Nicole's work-flow recommendations also smooth the flow of these children through their hospital stay. With admission through to toileting taking place much earlier, children are now more likely to sleep through.



Clinical nurse specialists Suzie and Nicole have received mentorship from Professor Fiona Newall in developing their own best practice guidelines

EQUIPMENT AND TECHNOLOGY

SUPPORTED IN 2017/18

The RCH Foundation supports the purchase of life-changing and life-saving equipment specifically designed for children.

Thanks to our donors, the following initiatives were supported:

The MR PET combines the most effective medical scanning procedures, **Medical Resonance Imaging (MRI) and Positron Emission Tomography (PET), into one piece of equipment**

MRI and CT equipment support within the operating theatres to enhance patient care and support medical teams

Establishment of additional **medical imaging and lab processing suites**

Freezing equipment to support the Children's Cancer Centre Tissue Bank

Intelligent equipment which integrates with the EMR system to **provide the timely administration of pain relief for intensive care patients**

Supporting cystic fibrosis patients and their families with a range of physiotherapy equipment

Providing support for the running of a **centre dedicated to assisting children with developmental disabilities**

The RCH is advancing the care of children undergoing heart surgery with **cutting-edge operating theatre monitors**. These innovative new monitors will provide highly accurate vital sign readings for anaesthetists during critical stages of anaesthesia. This will help the treating team react appropriately to correct and treat potentially life threatening conditions like low blood pressure, rapid heart rate and low blood oxygen mid-surgery.

Non-invasive ventilation machines for physiotherapists treating children with acute respiratory conditions

Purchasing world-class manometry equipment to **improve clinical outcomes for intestinal motility disorder patients**

Non-invasive ventilation machines to **improve clinical outcomes for patients in the Rosella (paediatric intensive care) Ward**

Improved wireless internet access for RCH patients, families and visitors, allowing better access to the My RCH portal

Providing recreational and mentoring opportunities for children with diabetes through camps

Throughout the RCH and hospitals globally, **there has been a shift towards completing more tests at a patient's bedside, at the Point of Care (PoC).**

From blood tests for detecting diabetes, to completing measurements for cystic fibrosis, this shift in care at the RCH has resulted through the **training of over 1,000 staff members and the management of over 100 pieces of new technology by Laboratory Services**. The Laboratory Services team will now advance their management of PoC testing technology through a sophisticated new software.

Middleware is a new program which will connect all PoC testing devices with the Laboratory Services team and feed the results directly into a patient's Electronic Medical Record (EMR). The software provides the team with a real-time update of testing being completed hospital wide, and also provides clinicians with live updates on the results. The new software will connect teams across the hospital to allow them to test, diagnose and determine appropriate treatment for patients in record time. The ability for the new software to feed data directly into the EMR also ensures more accurate patient record management, increasing patient comfort and quality of care.

The RCH has **established its first Digital Command Centre**, a purpose built dedicated workspace fitted out with state of the art audio visual equipment to deliver big data to teams 24/7. By aggregating data including emergency surgery workloads and state-wide intensive care capacity, the Digital Command Centre will unleash the potential of the Electronic Medical Record in providing data to inform decision making to improve efficiency, productivity and timely access to clinical care.

Enhancing the diagnoses and treatment of children in the Emergency Department with a new device which can quickly provide results from blood tests

Assisting patients on the Cockatoo (neurology) Ward by providing a **new commode that promotes independence and hygiene**

Correcting abnormal heart rhythms in children through the use of cryoblation freezing technology

Ensuring **optimum clinical outcomes for orthopaedic patients** through the use of new traction equipment

Essential ophthalmology **equipment for paediatric cataract surgery**

ColourBurst stimulator accessory to **diagnose eye disease and determine the visual prognosis of patients under two years of age**

Ensuring timely diagnosis of leukaemia in sick children by **acquiring an additional flow cytometer** to detect cancer cells

Helping prepare children for medical procedures with a **range of hospital specific play equipment**

Improving the **diagnosis and care of children with bladder dysfunction** through new uroflowmetry equipment

Assisting **patients with cystic fibrosis to continue their education** during hospital visits with a dedicated suite of laptops

Improving the **ventilation equipment in the RCH Emergency Department** to allow for machine ventilation of infants

Improving respiratory care for infants receiving anaesthesia with neonatal respiratory function monitors

CAD CAM is a new technology that allows dentists to design, personalise and 3D print dental prosthetics for patients at the RCH.

The new technology will benefit both patients with teeth anomalies, as well as those born with cleft palates and craniofacial conditions, all of whom would usually have to attend multiple appointments for their treatment.

With CAD CAM, dentists can photograph, model and 3D print the new tooth (or part thereof) in a colour-matched ceramic or resin and have it fitted into the patient's mouth all within one appointment. CAD CAM also has the ability to assist surgeons and orthodontists with the capability to create digital and printed models of patients' jaws.

PATIENT AND FAMILY CENTRED CARE

SUPPORTED IN 2017/18

The RCH Foundation fully supports the hospital's philosophy of using and developing innovative models of patient and family centred care. This ensures that patients receive the very best care, and that their families are recognised as instrumental in this process, included each step of the way.

Thanks to our donors, the following initiatives were supported:

Providing **fuel and food vouchers to families** attending the Children's Cancer Centre

Diabetes Complication Screening Nurse to improve the wellbeing of diabetes patients

Providing individually targeted music therapy interventions to patients through the **Neuroscience and Rehabilitation Music Therapy Program**

Burns Coordinator to ensure consistent care for burns patients, and develop and deliver education programs for families and staff

Coordination and streamlining of complex appointment schedules for muscular dystrophy patients, and provision of support to their families

Practical Paediatrics Program for general practitioners which includes a **range of education events on topics such as pregnancy, and infant and neonatal issues**

Annual **Uncle Bobs Clinical Neurology Fellowship**

Specialised music therapy for adolescents to promote healing and resilience during their stay in hospital

Intestinal transplant Clinical Nurse Consultant to facilitate the development of a paediatric intestinal program

Establishing normative blood data for all ages of children for common pathology tests at RCH, to support accurate diagnosis and reduce the need for repeat tests

Oesophageal Atresia Research Nurse to provide improved care for patients

Samaritan Fund for patients and families of the Children's Cancer Centre to **cover the cost of expenses incurred by frequent and lengthy hospital admissions**

Supporting the families of children awaiting liver transplant by **providing meal vouchers** whilst the child is an inpatient

A speciality **multidisciplinary clinic for muscular dystrophy** patients

Enhancing the parent-child relationship, communication and social skills through the **Mother Goose Program**

Discovering and highlighting paediatric health issues and challenges through the **RCH National Child Health Poll**

Production of TV programs aimed at alleviating the stress and anxiety of patients and their families

Educational Play Therapists to provide positive procedural support and experiences

Streamlining care and resources for **patients with disorders of sex development and their families**

Provision of **clothing for patients and families in emergency situations**, such as trauma or unplanned admission to hospital

Emergency financial assistance for families in severe financial hardship who are ineligible for government assistance

Improving care for children with bowel or bladder dysfunction through evidence based treatment

Providing additional **social work services** in the Children's Cancer Centre

Specialist Group Work Program to **provide group work support to children (and their families) who display challenging behaviours** and/or a history of family violence, in schools and local welfare settings.

Nutrition outpatient services for cancer patients at significant nutritional risk

Ward guides and other publications for families and patients to access through the RCH App

Nephrologist to lead clinical research programs in congenital and chronic kidney diseases, dialysis and renal transplantation

Improving care for obese children and adolescents through the RCH Weight Management Service

Comfort Kids Program, to **minimise the distress in children about procedures at RCH**, by providing leadership, education and clinical support to all staff across RCH involved in procedural care

Providing excellence and leadership in health services to indigenous children and families through the **Wadja Aboriginal Family Place**

Dedicated multiple sclerosis clinic at the RCH to provide multidisciplinary care and commence clinical and therapeutic studies

Expanding the **music therapy program to support all patients undergoing treatment in the Children's Cancer Centre**

Creating a **recipe book** suitable for children with renal impairment

Professorial sessions for the Lorenzo and Pamela Galli Chair of Developmental Medicine to improve clinical care, increase research and train clinical and research staff on the genetics of neurodisability

Education and skills training for **RCH Consumer Representative Volunteers**

A multidisciplinary approach to **complex patients with movement disorders** including dystonia, and the development of a Deep Brain Stimulation program

Support for patients transitioning to adult care and their families, optimising patients' long term health and wellbeing outcomes

Improving care for children with **upper limb deficiencies**

Training **junior paediatric neurologists** in diagnosis and management of paediatric neuromuscular disorder in children

Ensuring early detection and timely access to assessment for **children at risk of developmental delay**

Family Resource Coordinator to provide practical and emotional support services to cancer patients

Developing a comprehensive asthma education video, to assist families in managing their child's condition and for adolescents in practicing self-management

Acquatic physiotherapy at the RCH pool to improve the strength, range of movement and mobility of patients

Providing **social work support** to children and their families affected by mental health issues

Ensuring that **patient mental health** is addressed as part of routine healthcare through improving clinician knowledge, skills and behaviour

Supporting **Chronic Illness Peer Support (ChIPS)**, a vibrant program for young people living with a chronic illness

Specialist services for children and adolescents at risk of neurocognitive deficits as a consequence of cancer and its treatment

Comprehensive **procedural pain therapy program to RCH Children's Cancer Centre patients**, to reduce the distress and anxiety experienced by children and adolescents receiving cancer treatment

Supporting the art therapy program in the Children's Cancer Centre

Nurse consultant providing specialised care for patients with epidermolysis bullosa

Developing an international **centre of excellence in intestinal rehabilitation**

Updating the **Kids Health Info fact sheets** for RCH clinicians, parents and GPs

Implementing new clinical processes to **improve care for children with bowel and bladder dysfunction**

Achieving **excellence in RCH cancer clinical trials** by supporting the Brain Tumour Study Coordinator position

Achieving **excellence in RCH cancer clinical trials** by supporting the Solid Tumour Study Coordinator position

Developing the Infectious Diseases department and improving care for children with bacterial, viral, parasitic or fungal infections

Improving **support for patients on special low carb diets** needed to control their epilepsy

Research Nurse Coordinator supporting the care of oncology patients undergoing bone marrow transplant clinical trials

The RCH Emergency Department (ED) is one of the busiest in the state, treating over 300 patients on any given day.

With over 86,000 presentations in 2017/18, the RCH ED responds to a range of complex clinical situations and often responds to the state's biggest emergencies. **The ED will now trial a new model of care, Rapid Assessment, Planning, Investigations and Discharge (RAPID), a program designed to support senior staff and streamline care by initiating consultations in the waiting room.**

This 12 month pilot program will see the RAPID team, comprised of a paediatric emergency physician as team leader, nurse practitioner, junior doctor and nurse, initiate consults and care plans in the waiting room of the ED, to streamline communications and patient care. The program aims to reduce patient wait times, enhance patient access and improve communication with families.

Supporting care for regional cancer patients by providing educational and clinical support to regional nursing, medical and emergency teams across Victoria

Providing **fuel and food vouchers to families** of patients with neurological conditions

Providing **educational toys and resources** for patients and their siblings in the RCH Family Hub

Assessing the **cognitive, emotional and behavioural effects that inherited metabolic diseases** have on patients

Improving nutrition services to ensure a better diet and care for oncology patients

Developing a model of care through RCH Mental Health to **support children experiencing school refusal**

Improving the transition to adult healthcare for patients with intellectual disability and/or autism spectrum disorder

Holding an **annual volunteers' festival to recognise and train volunteers**, enhancing the experience they deliver for families

Providing necessary training, resources and equipment to **support RCH volunteers and the Family Services team**

Supporting **two teachers to educate and engage patients** in the Children's Cancer Centre

Providing **memory or memento boxes for grieving parents** whose children have passed away in palliative care

Improving coping strategies and pain management through the **provision of Music Therapy on Banskia (mental health) Ward**

Improving outcomes for children with brain haemorrhages and abnormal blood vessels through parent consultations

RESEARCH

SUPPORTED IN 2017/18

The RCH Foundation works closely with the RCH and campus partners the Murdoch Children's Research Institute (MCRI) and The University of Melbourne's Department of Paediatrics to find new diagnoses, treatments and cures for childhood illnesses and diseases.

Thanks to our donors, the following initiatives were supported:

Establishing a register to **improve cardiac patient care** and the transition to adult care after Fontan surgery

Supporting the development of software for the **analysis of 3D clinical photography**

Evaluating the efficacy of the Take A Breath program, which aims to **reduce parents' distress following their child's diagnosis of a life-threatening illness**

Supporting continuing **innovation in MRI analysis** as part of clinical service

Career Grants and Scholarships for early and mid-career researchers

Aligning and integrating MCRI and RCH research capability and output to improve clinical practice and **achieve globally competitive excellence in paediatric health care and medical research**

Education of Victorian general paediatricians to manage the care of simple **food allergies**

Liquid/BMT Study Coordinator facilitating the Children's Oncology Group clinical trial activity

Studying **paediatric central nervous system tumours** at the molecular level

Improving patient health outcomes through supporting the **Health Services Research Unit**

Supporting the **Melbourne Genomics Health Alliance** to incorporate genomic sequencing into Victorian healthcare

Supporting an integrated clinical and research program into the **genetic cause of kidney disease** in children

Supporting the **Children's Cancer Centre Tissue Bank** to collect and distribute samples for research and clinical trials

Establishing a specialised paediatric **cancer genetic service**

Joint pain, swelling, stiffness and difficulty moving, juvenile arthritis causes a range of debilitating symptoms for young people, yet there is currently no known cure. Each year it is estimated that around 100 children develop juvenile arthritis in Victoria, the majority of who will receive specialist care from the RCH.

In collaboration with the Murdoch Children's Research Institute, the RCH is home to Australia's only paediatric rheumatology research program. The team have now **established the CLARITY Juvenile Arthritis Research Platform to better understand and treat the disease.**

Managed by the Rheumatology Department with collaborators from across campus, CLARITY features a biobank of genetic samples from RCH patients and their families, as well as environmental and lifestyle data compiled from ongoing surveying. Researchers then work to process the data and identify biomarkers for the diagnosis, prognosis and treatment of children with juvenile arthritis.

With the aim of enrolling 1,000 participants into the program, the study will enable new research that aims to translate the findings into practice, improving clinical care for children both locally, nationally and internationally.

Trialling the tuberculosis vaccine to boost the developing **immune system in newborn babies**

Research coordination across paediatric cardiac surgery, cardiology and intensive care

Research into the genetic basis of **chemotherapy-induced heart disease**

Supporting a **Neonatal Research Nurse** to assist with clinical and laboratory based studies

Reviewing current evidence, establishing ongoing data collection and **improving clinical care for children and young people with cerebral palsy** in two important areas: dyskinesia and scoliosis surgery

Funding for **postdoctoral neurodisability researchers**

Developing Australia's first guidelines for the **rehabilitation of paediatric acquired brain injury**

Establishing a long-term study to **improve the clinical treatment of transgender youth**

Ensuring **early intervention** for children still displaying signs of concussion two weeks after injury

Delivering digital health tools that provide more accessible resources to clinicians and a better experience for patients and families

An Australian Hand Differences Register to enable **research into congenital hand differences and optimise the outcomes of treatment**

Investigating why children are increasingly **presenting to the Emergency Department with anxiety and depression**

Aitken Fellowship position undertaking critical diabetes research and supporting clinical care

Providing funding for the **continuation of high level research projects** who narrowly miss out on national competitive funding

Determining lung growth and recovery in children with breathing issues due to being born without a diaphragm

Maintaining **confidential databases on children with cerebral palsy and birth defects of the brain or spinal cord** to further research into these conditions

The Melbourne Children's Trials Centre (MCTC) is bringing excellence in paediatric clinical trials to the RCH. The MCTC supports clinicians and researchers in initiating and performing trials of new therapies. Clinical trials are essential to explore the effectiveness of promising new therapies and to determine how existing treatments can be used most effectively.

The MCTC now works with teams across the hospital to enlist patients and conduct a range of trials including new treatments for epilepsy, cystic fibrosis, asthma, and rare conditions, as well as large preventative public health trials including food allergies and the influenza virus.

Examining how children and young people can be better **protected from suicide and self-harm**

Establishing multidisciplinary teams to address **child health priorities through cutting edge research and initiatives**

LEADERSHIP, EDUCATION AND TRAINING

SUPPORTED IN 2017/18

The RCH Foundation provides funding for academic leadership, scholarship and fellowship positions, education programs and training opportunities for staff. This ensures patients now and into the future have access to the world's best and brightest medical minds.

Thanks to our donors, the following initiatives were supported:

Jigsaw Chair of Paediatric Plastic and Maxillofacial Surgery supporting **research and improving outcomes for patients in the Maxillofacial Department**

Lillian Frank Special Events Visiting International Fellowship, bringing highly regarded international medical practitioners to work with RCH staff

Promoting **great care and safe clinical practice** through training that simulates critical patient situations

Rats of Tobruk Fellowship focused on **epilepsy care and supporting RCH Neurology** to deliver great patient outcomes

PhD studentship researching **sleep problems for children with physical disability** and their carers

Fellowship in paediatric gastroenterology providing **high level training for overseas doctors**

Academic Paediatric Surgeon and Director of the Trauma Service **advancing the RCH Trauma Service and providing academic leadership** in paediatric surgery

Providing **professional development opportunities in Australia and overseas** for RCH staff

Enhancing campus education to improve quality of care and support health service research

Geoff and Helen Handbury Chair in Adolescent Health ensuring **clinical leadership, expertise and innovation across adolescent services** at the RCH

Respiratory Medicine Fellowships specialising in **cystic fibrosis care and research**

Apex Australia Foundation Chair in Developmental Medicine **improving the management, training and research of developmental disability** in children

Evenings, nights, weekends and public holidays are all considered after hours in healthcare.

These periods account for around 74 per cent of the entire week, yet are not traditionally afforded the same resources as business hours.

The RCH Hospital After Hours initiative has created a new model of care, including new clinical positions. By improving care coordination, supporting staff and boosting clinical resources, Hospital After Hours ensures that great care never stops at the RCH.

Developing medical, nursing and allied health staff as researchers to improve patient care

Mental health clinical service design professorial sessions **improving clinical care and research in mental health**

Dame Elisabeth Murdoch Nursing Development Scholarship funding an **overseas study trip for an RCH nurse**

Donald Ratcliffe and Phyllis McLeod Director of Nursing Research and a Nursing Research Team **improving nursing capacity and outcomes for patients and families**

Chair in Genomic Medicine **integrating genomics into RCH clinical care** and establishing the hospital as a leader in the field

Providing **professional development opportunities** for Uncle Bobs Child Development Centre staff

Fellow in paediatric and adolescent gynaecology **supporting specialised gynaecology care for children**

Supporting the Health Services Research Unit to **develop and disseminate critical data** that drives decision making for RCH services

Providing **academic leadership in research and teaching** on the RCH campus through the Victor and Loti Smorgon Chair of Paediatrics

Clinical Research Fellow **conducting clinical research** and implementing the findings into RCH paediatric neurosurgery

Clinical, Educational and Research Fellowship in paediatric rheumatology to **improve clinical care and workforce training**

Paediatric and Neonatal Surgeon developing intestinal surgical and academic services within RCH paediatric surgery

Implementing a comprehensive RCH Point-of-Care Ultrasound (POCUS) program, including training, credentialing, reporting and quality assurance, to improve procedural success and comfort, and patient flow and satisfaction

Creating a professional development program to support early years practitioners to **provide great care to children in the community**

Digitisation and appraisal of historic RCH films and photos preserving the hospital's long history for future generations

Building the culture, capacities and competencies needed to best translate research findings into great clinical care

Leadership medical education roles **advancing the medical education programs on campus**

Supporting the Global Tracheostomy Collaborative to **improve best practices in tracheostomy care**

Supporting the Children's Bioethics Centre in **promoting the rights and responsibilities of children and their families in healthcare**

Supporting **senior leadership development** to strengthen intra campus relationships and culture

Improving the **cultural sensitivity of RCH staff and the representation of Aboriginal and Torres Strait Islander people** at the hospital

Promoting the **leadership, education and training capacity of senior clinical staff** within the Children's Cancer Centre

RCH Allied Health and Nursing staff are advancing their clinical skills through ongoing education and development.

180 Allied Health professionals and 63 nurses have pursued professional development through local and national training courses, seminars and conferences. The further education of RCH nurses and allied health staff has enabled individuals across the hospital to expand their learnings, broaden their expertise, and share this knowledge with their teams, promoting the RCH as a place of continuous teaching and learning and enhancing patient care.

Training coordinator for RCH staff, parents and carers, focusing on the **management of disruptive behaviours in children and young people with autism or an intellectual disability**

Developing **online diabetes learning modules for families** to advance their knowledge and improve the health outcomes for children affected

Establish a **new training service for pathology** staff to upgrade patient blood test procedures

Fostering a **positive workplace culture** to ensure RCH staff work better together and provide excellent patient care

Supporting the **National Paediatrics Bioethics Conference** to share best practices around the ethical aspects of patient care

Developing a **campus-wide education strategy** to ensure staff are at the forefront of paediatric care

PHILANTHROPICALLY FUNDED POSITIONS

Leadership Positions and Chairs

Academic Paediatric Surgeon and Head of Trauma Services
 Chair in Developmental Mental Health
 Chair in Genomic Medicine
 Directors of Children's Bioethics Centre
 Director of Health Services Research Unit
 Director of Research in Emergency Medicine
 Director of Medical Education
 Director of Melbourne Children's Trials Centre
 Director of The National Child Health Poll
 The Apex Australia Foundation Chair in Developmental Medicine
 The Donald Ratcliffe and Phyllis McLeod Director of Nursing Research
 The Geoff and Helen Handbury Chair in Adolescent Health
 The Jigsaw Foundation Chair in Plastic and Maxillofacial Surgery
 The Lorenzo and Pamela Galli Chair of Developmental Medicine (clinical sessions)
 The Victor and Loti Smorgon Chair in Paediatrics
 Translational Research Academic Paediatric Surgeon

Fellowships

Burns Fellowship
 Children's Cancer Centre Fellowship
 Clinical, Educational and Research Fellowship in Paediatric Rheumatology
 Clinical Research Fellow - Pilot Renal Genomics and Induced Patient Stem Cell Program (ReGeniPS)
 Clinical Research Fellowships in Respiratory Medicine
 Clinician Scientist Fellowships
 Community Health Services Research Fellow
 Developmental Medicine Postdoctoral Research Fellowship
 Gastroenterology Fellowship
 LifeCourse Research Fellows
 Lillian Frank Special Events Visiting International Fellow
 Neurology Clinical Research Fellowship
 Neuromuscular Fellowship
 Paediatric and Adolescent Gynaecology Fellowship
 Paediatric Neurosurgery Clinical Research Fellowship
 RCH Community Paediatric Fellows
 The Aitken Fellowship
 The Rats of Tobruk Neuroscience Fellowship
 Uncle Bobs Club Clinical Neurology Fellowship

Scholarships

Allied Health and Nursing Education, Development and Leadership Program
 Dame Elisabeth Murdoch Nursing Development Scholarship
 Elizabeth Fearon Travelling Scholarship
 The Rosen Family, Lily's Gift Travelling Scholarship for General Registered Nurses
 Jeannie H Poolman Travelling Scholarship
 Jeff Crouch Memorial Travelling Scholarship
 The Karmien Chan Memorial Travelling Scholarship
 The Pied Pipers Travelling Scholarship
 Postgraduate Health Research Scholarship and Career Development Award Schemes
 RCH Paediatric Handbook Travelling Scholarship
 Rosemary Derham Travelling Scholarship
 Uncle Bobs Club Travelling Scholarship
 The Volunteers Nursing Travelling Scholarship



Being awarded the Dame Elisabeth Murdoch Nursing Development Scholarship is an incredible privilege both professionally and personally.

I've developed clinical guidelines on the management of hypothermia in the recovery room, and I am working closely with the anaesthesia department and operating suite staff to further develop intraoperative management. I've also work closely with members of the perioperative teams and delivered education on ways to improve temperature management.

I'm also working on a clinical guideline to improve the care of patients who experience emergence delirium, an acute confusion upon awakening from anaesthetic. No other paediatric recovery room in Australia has such a guideline and there's strong interest in adapting it into their own models of care.

Visits to the UK and USA gave me the chance to benchmark our current practices against other centres of excellence and improve the care we deliver in the RCH operating suites and recovery room.

Thanks for making these life-changing opportunities possible. I can't wait to share the outcomes of my work with you.

Tania Ramos

Recipient of the Dame Elisabeth Murdoch Nursing Development Scholarship

Thank you

MEET LUCA

Luca Miraglia is one of the RCH's youngest bed sponsors. For the Miraglia family, it's their way of saying thank you to the hospital.

At ten years old, Luca has spent a lifetime in and out of the RCH. Luca and his identical twin brother's birth was a traumatic one. Luca's brother Alessio passed away just hours before birth and Luca was left battling for his life. For the following six weeks, the Miraglias kept a constant vigil at their newborn's bedside in the RCH Newborn Intensive Care Unit (NICU) as Luca battled through oxygen deprivation, seizures, brain damage, a life-threatening infection and kidney failure.

"Luca was incredibly sick and I can tell you that in the 10 years I've been working there, there have been very few babies I have looked after that have been as sick as Luca," said Associate Professor Rod Hunt, Director of RCH Neonatal Medicine.

Slowly, Luca started showing signs of improvement and the family was eventually able to take their little fighter home. However, the Miraglias knew their RCH journey had just begun. With just over 20 per cent kidney function, severe hearing loss and a feeding tube inserted, Luca required frequent visits to the hospital during his first years of life.

Throughout it all, Luca, their little tiger, showed his fighting spirit.

"To meet Luca today, you would never think he has faced so many challenges and obstacles in his life, nor perhaps would you realise the challenges he will face for years to come," said mum Lisa.

The following years would continue to throw challenges at Luca including an autism diagnosis. Yet the active, engaging little boy took it all in his stride. Now, Luca and his family are giving back to the hospital that has supported them through it all.

"We always said that we wanted to do something for NICU and the wonderful team who have supported us," said Lisa.

In 2014, the Miraglia family established the Luca Miraglia Foundation to help Luca and children like him achieve their full potential. The non-profit organisation is dedicated to supporting those with autism spectrum disorder, hearing impairments, kidney disease, and those who have experienced neonatal intensive care.

Lisa said, "Rod Hunt and those at the NICU went above and beyond to support us and Luca throughout our time there. If there's ever a superman on Earth, it's Rod Hunt!"

YOU



Luca Miraglia is one of the hospital's youngest bed sponsors

LEADERSHIP CIRCLE

The Leadership Circle brings philanthropic individuals together for a common goal: to support the RCH in its mission to be a world leading paediatric hospital and centre for excellence.

Ambassador

Ken Harrison AM

Gold

Roseanne Amarant - In Memory of Ewa and Ezriel Rabinowicz
Will Deague - Deague Group
Philip and Susan Lewis and Family: Olivia's Gift
Heather Wheelton
Paul Wheelton AM KSJ

Silver

John Dickson - The Alfred and Jean Dickson Foundation
Amy Dillon
Leo Iazzolino - Elite Property Group

Bronze

Ken Harrison AM and Jill Harrison - The Harrison Foundation
Bill James - James Management Services
The Kumar Family Endowment
Karl Kutner and Central Equity
TK and MN Lu Trust
Barry Novy OAM
Behnam Roohizadegan
Carol Sisson
Paul Smith - KS Environmental
Richard Torossi - Bayport Group
Peter Yates AM



THANK YOU PAUL SMITH

As Managing Director of the family business KS Environmental, family is incredibly important to Paul Smith. The Melbourne-based waste management company can trace its history back to a pig farm in Heatherton and now it serves thousands of clients across metropolitan Melbourne.

After some of Paul's nieces and nephews received care at The Royal Children's Hospital (RCH), he became a member of RCH1000 in 2002. Since then, Paul has made annual contributions above and beyond his RCH1000 commitment, leading to his progression into the RCH Foundation Leadership Circle last year.

As a member of the Leadership Circle, Paul acts as a beacon in the community. He is an advocate for the RCH Foundation, engaging and encouraging potential like-minded philanthropists to support our great hospital.

When asked why he supports the hospital, Paul said, "It's a Victorian and Australian icon and I just can't speak highly enough of the great work done."

INDIVIDUAL GIFTS

The RCH Foundation is delighted to acknowledge the individuals who believe that through major philanthropic support they can make a difference to children's health.

A

Janette Alphonze
Dina Antonopoulos
Silvia Arifin
Lindsay and Rosemarie Arthur
Josephine Atkinson
Merine Awad

B

Neville Beer
Rohan Bentley
Jeff Bligh
Marjorie Bowe, in honour of Kate Harden

C

Janet Calvert-Jones AM
Sandeep Chopra
Nerina Ciach
Paul Contin
Maureen Coomber
Neville Coyne
Gregory Crew

D

Royce DeSousa
George and Maureen Dyer

E

David Ednie
Arzu Erdem

F

Graham and Margaret Facey
Jenny Shuo Bo Feng
Cherie Freeman

G

John and Ruth Gadsden
Fiona Galbraith
Stuart Gilchrist
Robert and Nellie Glas
Leigh and Yvonne Goldbloom
Rodney Goldbloom
Goldsmith Family

H

Warren Hardy
Rachel Hornung
Rabia Houcher
Sue Hunt

J

James, Rosemary and Caroline Jacoby in honour of Kate Harden
Shyama Jayaswal
David and Beverley Jenkins

K

Steven Katsifolis
Ian Kennedy AM
Julie King
Chris Kontis

L

John Laidlaw AO and Betty Laidlaw
David Ly

M

Jonathan Mandel
Peter Marriott
Aaron Miller
Emma Miller
Amir and Mariam Mina
Ismail Mohamud
Nancy Mullarvey

N

Paul Nakhla
Richard Norman

O

Donald Ord

P

Steve Padovan
Stephen Parmenter

R

Iris Richardson
Paul, Sheryl and Lily Rosen
Ivan Rudij

S

Martin and Monica Sanchez
Dominic and Katarina Santarsiere
Suresh Senathirajah
Margery Snowball
Roberta Spicer
Graham Spring
Robert and Beverly Squire
Michael Stephens

Laurence Stewart
Kevin Street
Taryn Szeitz

T

Monica Tsandefakis

V

Jitendra Vohra AM and Freany Vohra
Minal Vohra
Shyla Vohra
Sunil Vohra

W

Cheng Wang
Miriam and Tibor Weisz
Mario West
Flora Wong

Y

Hani Yakoop
Haiyan Yu

Z

Belinda Zed

THANK YOU GEOFF AND HELEN HANDBURY

The establishment of the perpetual Geoff and Helen Handbury Chair in Adolescent Health as a joint appointment at the University of Melbourne and The Royal Children's Hospital (RCH) caps a lifetime of giving by the couple.

Now in his 90s, Geoff credits his late wife Helen with teaching him generosity.

"She was a chip off her own mother," said Geoff, "and that made me more thoughtful."

In fact, Helen's mother was Dame Elisabeth Murdoch who had a lifelong dedication to improving the health and wellbeing of children. Her association with the RCH began in 1933 and today is commemorated in the name of our campus partner, the Murdoch Children's Research Institute.

"Professor Susan Sawyer appointed as the Chair in Adolescent Health at such a place of excellence as the RCH is a big step into the future," said Geoff. "I'm delighted I got involved."

The Chair's position raises the profile of adolescent healthcare at the RCH, underpinned by the Department of Adolescent Medicine. Strong clinical leadership and expertise has further established the RCH as an adolescent friendly hospital.

Geoff has been a proud member of Melbourne Legacy since the 1950s and guided many fatherless Legacy children through adolescence; a time in life he recognises as particularly challenging.

"The greatest pleasure in my life is in what I've given away ... in time, in money, and in helping guide young people through their adolescence," continued Geoff. "I've given back because I've been so lucky to have healthy children and grandchildren."



THANK YOU TO THE VOHRA FAMILY

A cold that wouldn't go away; that was the low-stakes nuisance Minal Vohra thought her son Taran was battling.

Instead, in November 2014, the then nine year-old was diagnosed with early precursor T-cell leukaemia at The Royal Children's Hospital (RCH), a blood cancer that was initially treated by chemotherapy. Only a few weeks in, however, Taran was in excruciating pain and was found to have a fungal infection that invaded his sinuses and rendered the cancer untreatable.

On Christmas Eve the family was told he had only weeks to live, yet who should attend school on the first day of Term One 2015 but Taran.

Treatment didn't end until 2016, and in the interim were intensive experimental treatments pursued by Dr Françoise Mechinaud including hyperbaric oxygen therapy.

"In the end, what the RCH did was miraculous," said Minal. "A lot of experts gave of their time and the hospital never gave up but came up with cunning plans to help him fight the infection. Our son benefitted from unconventional treatment and the lesson for us was the value of targeted treatment."

The family's gratitude is evident in the exceptional philanthropic gift of Jitendra and Freany Vohra, Taran's grandparents. The pair are medical professionals with Freany a retired GP and Jitendra a cardiologist. It is, therefore, fitting that their gift is for leukaemia research, funding a research assistant for five years for Dr Seong Lin Khaw within the Cancer Research Group at the Murdoch Children's Research Institute.





THANK YOU TESKA CARSON

For Teska Carson, Melbourne's largest privately owned commercial real estate agency, helping The Royal Children's Hospital (RCH) was an easy decision. Like so many other Victorians, Teska Carson staff have been personally impacted by the great work of the hospital and are committed to giving back.

The support of Teska Carson extends beyond corporate donations, from sponsoring a bed in the Koala Ward, to providing pro bono advice on investments and assisting in sales of bequeathed properties, generously donating sales commissions back to the RCH Foundation.

Steve Fein, Teska Carson Director, said, "No one truly understands just how important the hospital is until you have a child in its care.

"It is imperative that the hospital is always one step ahead in every aspect of its operation, while providing an environment appropriate for children, which the hospital does very well."

CORPORATE DONATIONS

We are grateful to our corporate donors who have supported us through monetary and in-kind donations.

A

AA Holdings
Access Mercantile Agency
AIA Australia
Amway
Ancon Development Group
ARB Corporation
Aruba Espresso @ RCH

B

Baystreet
Bendigo and Adelaide Bank
Blue Star Direct
Bose

C

Cavalla
CBRE
Central Ford
Chadstone Ford and Hyundai
Chair Solutions VIC
Children's Health Partnership
Children's Hospital Foundations Australia
Cirrus Aircraft USA

D

Dans Plants
Demak Timber
Diaco's Garden Nursery
Dovecote
Dreamstreet Lending

E

Elco Food Co
Elders Rural Services Australia - Bendigo
Epicure
Essendon Holden

F

Fairleys SUPA IGA Eaglehawk
Fairleys SUPA IGA Shepparton
Flight One Aviation
ForensicIT
Formosa Gardens Nursery
Fulton Hogan Industries
Furphy Media

G

GNT Fine Wines
Godolphin Australia
GrainCorp Marong
Guardian Medical

H

Hodges Real Estate
HWL Ebsworth Lawyers

K

Kmart
KPMG

L

Lakeside Financial
Lowe Lippmann

M

Marriner Group
McGrath Plumbing
Melton Country Club
Michael's SUPA IGA Korumburra
Michael's SUPA IGA Leongatha
Michael's IGA

N

Naranda Meadows
National Australia Bank
National Trauma Research Institute
Nelson Alexander
Nestle Health Sciences
New Age Caravans
Nutricia Australia

O

O-I Australia

P

Porsche Centre Brighton
Prestige Hino
PricewaterhouseCoopers
Pro-Team Solutions

R

Rauland Australia
Rob Dolan Wines

S

Salesforce Australia
SHK Asia Pacific
Spotless
Strathmore Community Services
Symmetric Homes

T

Telstra Enterprise & Government
Teska Carson
That's Amore Cheese
The Freckled Frog
Transdev Melbourne
Turn-Key Fitout

U

Universal Steel

W

Wealth Built Right
Wonthaggi Toyota and Holden

CORPORATE FUNDRAISING

Thank you to all of the generous businesses that held fundraisers in support of the hospital throughout the year.

A

AIA Australia
Albert Park Golf Course
All Phase Electrical Services
Amway
Aruba Espresso @ RCH

B

Bairnsdale Daylight Lodge
Bank of Queensland
BankVic - Parkville Branch
Beer Deluxe
Bendigo and Adelaide Bank
Better Value Pharmacy
Boost Juice - The Royal Children's Hospital
BR Wellington
Briemar Nominees
Brogue Consulting Engineers

C

C.A. Property Group
Calvary Community Care
Cardronics
Carnbrea Holding
CCLS Investments
Chez Tina for Hair
Chinatown Precinct Association
CO OP Book Shop - The Royal Children's Hospital
Corrs Chambers Westgarth

D

Dandenong Market
DEXUS Property Group
DFK Benjamin King Money
Dolphin Products
Dunlop Flooring

E

East Wimmera Health Service
Elgin Hotel
Epicure
Era Polymers
Event Hospitality & Entertainment
ExxonMobil Australia

F

Foodworks Supermarket - Black Rock
Foxtel Melbourne - Customer Sales and Service

G

Gosling Creek Cellar Door
Greensborough Plaza

H

Hodges Real Estate - Beaumaris
Hodges Real Estate - Cranbourne
Hodges Real Estate - Mentone

J

Jemena
JLL

K

Kmart

L

Lazy Moe's Restaurants Bendigo
Lazy Moe's Restaurants Caroline Springs
Lazy Moe's Restaurants Tullamarine
Lendlease
Leverett and Kindler Optometry
Linfox Australia
Lombardi Partners
Lotus Smiles Dental

M

McGrath Croydon
Metro Tunnel
Meyer Cookware Australia
Mitre 10 - Yea
Mitsubishi Australia
Myer Community Fund

N

Normanby Pharmacy

O

O-I Australia

P

Parkville Café
Pharmasave
Plucka Chicken
Postie Fashions
PricewaterhouseCoopers
Puma Australia

Q

Quando Cafe and Kitchen

R

Reece Group
Retro Wolf
Rocchi's Pharmacy
Rowville Lakes Pharmacy
Royal Brunei Airlines

S

Sandrock Cafe
Settlers Run
S G Prittie Precision Gauges
Sherwood Receptions
Smith and Singleton
Specsavers
Storage King - Greensborough
Sunshine Collectables
Superb Auspicious

T

The Cupcake Queens
The Hopkins River Bakery
The Larwill Studio
Thinktank

U

UFS Dispensaries
UGroup Media

V

Victoria Police - Docklands

W

Waverley Fitness
Westpac Institutional Banking
WEX Australia
Woodhouse Grove Healthcare Pharmacy

Y

Yes Optus Collins Street

WORKPLACE GIVING

Employees from companies choose to make regular donations to the RCH Foundation through their pre-tax pay. Many business partners enhance the collective impact of their Workplace Giving program through donation matching, fundraising, volunteering, skill sharing and in-kind support.

A

A and L Windows and Doors
AA Gaskets
ADP
AECOM
AGL Energy
AMP Financial Services
Apple
Art Series Hotels Group
Atura Hotels
Australia Industry Group
Australia Post
AXA Australia

B

Bain and Company
Bank Australia
Bank of Melbourne
Bank of Queensland
BCC Queensland
Bendigo Bank
BlackRock Investment Management
Bluescope (Australia)
Bluescope Logistics
Bluescope LYSAGHT
Bluescope Steel
Boeing Aerostructures Australia
BP Australia
Bupa Australia Group

C

Campari Australia
Charter Keck Cramer
Citi Australia
City of Boroondara
Coca-Cola Amatil
Computershare
Country Road Group
CSL Behring
CSL GivingForGood

E

Event Cinemas Loganholme
Event Hospitality and Entertainment

G

Global Rewards Solutions
Greater Union
GTA Consultants
Guo Joint

I

Insurance Australia Group
Industry Funds Management

J

JBS Australia

K

Kosciusko Thredbo Resort

L

Louis Vuitton Australia

M

Mediterranean Shipping Company
Melbourne Water

N

National Australia Bank
Netwealth
Neverfail Bottled Water Co

O

Optus
Oracle Corporation
Origin Energy
Orrcon Steel

P

Pinnacle Investment Management
Powercor Australia
PricewaterhouseCoopers

Q

Qantas Airways
QT Hotels and Resorts

R

REA Group
Rydges Melbourne
Mount Panorama Bathurst
Swanston
Sydney Airport

S

Smartsalary
Sugar Australia
Suncorp Group

T

Telstra
The Royal Children's Hospital
The Royal Children's Hospital Foundation
The Victoria Hotel
Toyota Motor Corporation
Turi Foods

U

Unisuper Management

V

VIVA Energy Australia

W

Westpac Group
Wilmar Foods

Z

Zoos Victoria

THANK YOU TO EVENT HOSPITALITY AND ENTERTAINMENT

Event Hospitality and Entertainment, comprising a number of brands including their flagship, Event Cinemas, has been a proud supporter of The Royal Children's Hospital (RCH) Foundation since 2008. The organisation raises funds for children's hospitals throughout Australia through workplace giving and corporate fundraising.

In addition to matching the contributions made by staff, Event fundraises through events such as the nationwide charity advanced screening of Paddington 2, where all ticket proceeds were donated directly to the RCH Foundation.

Event has supported a number of programs and initiatives at the RCH, from bed sponsorship to upgrading and replacing the hospital's iPads for educational play and music therapy, as well as for vital equipment for the respiratory laboratory and Children's Cancer Centre.

"We at Event believe in our people, and giving back to the community is a large part of our culture," said Melinda King, Event Charity Committee Administrator. "We also believe that children are our future and deserve the best possible care when sick or injured."

"The facilities and care provided by The Royal Children's Hospital are truly wonderful, and we are very proud to support the hospital to allow every child to grow up as happy and healthy as possible."



THANK YOU TO CAMP QUALITY

Camp Quality is Australia's most reputable children's charity (AMR, Annual RepTrak Report 2017, Reputation Institute). It supports children affected by either their own cancer diagnosis or that of a family member, providing innovative programs to develop life skills and strengthen wellbeing. Its in-hospital support includes funding for the Comfort First program at The Royal Children's Hospital.

Jessica Russo is their Comfort First Procedural Pain Management Clinician at the Children's Cancer Centre where she is fully integrated with the clinical staff. Minimising pain and distress through play is core business.

Often accompanied by puppet Rosie, she uses play to explain procedures.

"I'll meet children before they have lines put in," said Jessica, "and use Rosie to show them how that will look."

"The aim is to empower children and families with coping strategies that meet them at their level. I might teach them relaxation techniques that send them to a space in their mind where they feel safe, and that's a skill they can take home and share with their anxious families."

"Oncology is where children undergo the most procedures over months and years, so we need to set them up well and give them a sense of control and agency."



TRUSTS AND FOUNDATIONS

Charitable Trusts and Foundations are non-profit organisations that donate to support the important work carried out by the hospital.

\$200,000+

Children's Cancer Foundation
Donald Ratcliffe and Phyllis McLeod Trust Fund
Fight Cancer Foundation
The Shine On Foundation
Victor Smorgon Charitable Fund

\$100,000+

Camp Quality
H.T. Pamphilon Fund
MacKenzie Family Foundation
Muscular Dystrophy Australia
My Room
Sporting Chance Cancer Foundation
The Pratt Foundation

\$50,000+

CARI Foundation
Chain Reaction Challenge Foundation
DEBRA Australia
Prior Family Foundation
Rae and Peter Gunn Family Foundation
The Beddison Foundation
The Orloff Family Charitable Trust
The Smith Family

\$20,000+

Brian M Davis Charitable Foundation
Child's Play
Collier Charitable Fund
Hislop Family Foundation
Robert C Bulley Charitable Fund
Syd and Ann Wellard Perpetual Trust
The Stuart Leslie Foundation

\$10,000+

Aussie Hands Foundation
Fortnum Foundation
Georgina Menzies MacOnachie Charitable Trust
The Apex Foundation for Research into Intellectual Disability
The Calvert-Jones Foundation
The Kumar Family Endowment
Victorian Community Foundation

\$5,000+

Crown Resorts Foundation
Paul Family Foundation
Rhys Jones Charitable Endowment
Spotlight Foundation
The Peter Isaacson Foundation
Luca Miraglia Foundation

THANK YOU BORIS STRUK

Not all heroes wear capes, but Boris Struk is working to change that. In the 34 years since Boris founded Muscular Dystrophy Australia (MDA), an organisation committed to supporting research and care for those with the condition, fundraising and community engagement has been an essential component of his work. Funds have been raised by various means, yet none quite as iconic as the National Superhero Week. Established in 2000, National Superhero Week brings together schools, kindergartens and workplaces for a fun and engaging way to raise much-needed funds.

"National Superhero Week was created to recognise our heroes living with and battling the devastating muscle-destroying disorder muscular dystrophy," said Boris. "Everyone who joins the fight against muscular dystrophy is helping fund essential services for thousands of Australians, and helps us get one step closer towards a cure."

MDA funds critical research at The Royal Children's Hospital and our campus partners, including the establishment of a dedicated Neuromuscular Clinic at the hospital, a multidisciplinary service which supports over 600 patients and their families.

"We have donated more than \$1 million with the confidence that every dollar invested in the MDA Neuromuscular Clinic creates a great feeling of accomplishment and the knowledge that we have made a difference."



THANK YOU TO REGINA MCINNES

RCH1000 members support vital, ground-breaking research projects at The Royal Children's Hospital (RCH) by making annual \$1,000 donations.

Regina McInnes has been a member of RCH1000 since 2004 and sat on the RCH1000 Committee for a number of years.

As the director of her own real estate company, Regina knows Melbourne and understands the importance of the RCH through the difference it makes to so many lives.

"I think it's important to support the hospital as a way to give back and recognise the amazing work that all the teams at the hospital do," she said.

Regina's support has turned into funding for numerous research projects. One of these is the neuroimaging analysis laboratory that performs various diagnostic imaging tests to assess different organs and systems of children with brain tumours, epilepsy, stroke, head trauma and neurometabolic disorders.

"When you meet the staff, their passion and dedication is inspiring," continued Regina. "The research means we are finding ways to make lives better for those with an illness and their carers and families."



BEQUESTS

Leaving a gift in your Will is a deeply touching way to support generations to come.

Many people remembered the hospital in their Will and we sincerely thank them.

In their memory we recognise and honour their legacy.

A

Dudley Adams
Samantha Assi
Alick Aumann

B

Alan Baldry
Marjory Myfanwy Banks
Kenneth Beagley
Bryan Bell
Yvonne Bottomley
Valerie Bracher
Maxwell Bradford
Ernest Burns

C

Ethel M A Cochrane
Barbara Coleman
Betty Cosgrove
George Crabb
Constance Crerar

D

Brendan Davey, in memory of Ian
Lorensini
Sharda Devarajan
Warren Dunn
Snezanka Duster

F

Loris Fixter
Margaret Fraser
Una Fraser

G

Linda Graham
Ronald Grylls

H

Pamela Harper
June Henderson
Joyce Heymanson
Graeme Hoskins
Donald Wallace Houston

J

Margaret Jacobs
Ellen Margaret Jones

K

Patricia Carmel Stewart Kennedy
Leslie Frederick Klemke
Peter Krafel
Milan Krbavcic

L

David Lennon

M

Emma Macario
Rosemarie Macdougall
Margaret Malley
John McCarthy
Jean McGuinness
Luigina Milani

N

Margret Nicholls
Ivy Nicholson

O

George O'Hoy
Stephen O'Leary

P

Gwendolyne Parker

R

Alan Reicher

S

Rose Scanlan
Lorna Seddon
Leslie Sharp
Archibald Skurrie
Ronald Anthony Smith
Clara Sponder
Anthony Starr
Gladys Stott, in loving memory of her
parents Gladys Muriel Marriott and
Alfred Marriott
Dorothy Stubbs

T

Hylde Temple
Mayoh Thomson

V

Nicholas Ventouras

W

Thomas Webb



THANK YOU KEVIN CHAMBERS

Now in his 70s, Kevin Chambers has mixed memories of visiting the old Royal Children's Hospital as a child of five or six.

"I remember having my legs in irons," he said, "and I remember a toy shop on the corner of Lygon St. Did I stack on a tantrum if I didn't get a toy!"

Now a father and grandfather, it's Kevin who is giving the gifts through his plan to give generously to the RCH in his Will.

"My family has been in and out of the hospital over the years," he said. "My daughter was diagnosed with diabetes when she was two and she's still soldiering on like a Chambers. My granddaughter Charlotte is a regular visitor and a grandson came in once with a broken arm which interrupted a fishing trip.

"I've got a strong belief that adults are shaping the world for kids who don't really get any say. It's up to us to make sure they can enjoy what we've enjoyed."

Making the world a better place for children: it's the defining characteristic of a member of the 1870 Society whose impact will be felt down the generations.

THE 1870 SOCIETY

We gratefully acknowledge supporters who have planned to leave a gift in their Will.

Your commitment inspires us, and will give hope to children and families for generations to come.

Elizabeth Ahles
Brenda Aisbett
Robyn and Stewart Anderson
Margaret Baker
Margaret Barnett in memory of Stephen James Minns
Craig Baxter
Ryan Brown
Christine, in loving memory of her son Evan Callow
Kevin Chambers
Denise and Peter Ferguson Family Gift
Christos and Maria Gabriel
Stuart Hodges
Sue Hunt
Leanne James
Barry and Katrina Knight
Nabil Labbad
In memory of Alexander Macleod Mathieson
Fiona and Ashley Murrie
Michael Neill
William Ould
Steve Portway
Helene and Clarrie Rowdon
The Runyan-Tait Family
Nicholas Scott
Mabel Barrett Lee Tan
In memory of Wayne and Peter Thompson
Dr Michael Togias and Christine Politis
Jason Tomlin
Richard Winchester
Peter Yates AM

Anonymous (45)

ENDOWMENTS

Endowments are established by donors to provide long-term support. Their gift is invested and only the income earned is paid to the RCH Foundation on a regular basis to support the hospital.

A

Margery and Keith Aitken Foundation
John Anderson

B

Thomas Henry and Marjorie Betty Barnard Donation*
Benjamin Barnes
Arthur Edwin and Anne Edith Barry*
Amy Bastings Trust
Frank Hincks Bateman
Neville and Di Bertalli and Family Clinical Neurosurgical Fellowship*
E C Blackwood Charitable Trust
Alfred L Blannin
Ernest L Brown Charitable Trust
Jessie Carnegie Burnett

C

Silas Clark Charitable Trust
Dennis Osborne Clarke Charitable Trust
The Rae Burnett Farmer Collins Bequest
Kevin Stewart Cowell
Thomas and Louisa Cowell Memorial Fund
Margaret Elizabeth Croft*
Alfred Noel Curphey

D

DTM and E Davies Memorial Trust
Dunn Family Perpetual Trust

F

John Fleming
John William and Anna Maria Ford Memorial Fund
Jakob Frenkiel Charitable Trust

G

George Lawrence Godfree Bequest
Keith Goods Memorial Trust
Grant Bequest
Alice Marion Grimwade

H

Helen Hadi*
Herbert William Hampton*
Marjorie Hayes and Olivia Cock Memorial*
Joyce Adelaide Healey Charitable Trust Fund
Margaret Henderson
John Henry Charitable Trust
Louisa Henty
Frank Hayley and Doris Verna Hodgson Trust
Arthur and Sheila Horne Charitable Trust

I

William and Mary Ievers

J

Ruby and Milton Johnson
Doris and Rupert Joseph Charitable Trust

K

Denis Aloysius King*
Joseph Kronheimer Charitable Fund

L

Joseph and Kate Levi Charitable Trust
Lillian Little Trust
Martha Miranda Livingstone
C D Lloyd Charitable Trust

M

William Macrow Estate
Charlotte Marshall
William Marshall
J R G and E McKenzie Bequest
Edith McTaggart Charitable Trust
Horatio R McWilliams
Margaret Lillian Merrifield Memorial Fund
David Matthais Morgan
Harry Lyon Moss Trust Fund

N

Katharine St. Clair Nanson
Jenifer Nicholas Bequest*
Emma Nowak Fund

O

Eugene and Janet O'Sullivan Trust

P

George Pile Charitable Trust
Leigh and May Price Trust for Charities
Isabella Agnes Pritchard*
Peter James Provelson Trust Fund

R

Kitty and Harry Ramondt Charitable Trust
Ethelwyn Elsbeth Richardson Trust
Rigg Memorial Trust
E J and M Roberts Trust
Edith and Don Robinson Charitable Trust
George Roche
Simon Rothberg Charitable Trust

S

Andrew James Schreuder Foundation
Archibald Shannon Trust
Frederick B Shepherd Trust
William Arthur Shipperlee*
Heather Sybil Smith
Dorothy Isabel Stirling Charitable Trust
Margaret Jean Sutton Charitable Trust
John Henry James Symon Charitable Trust
Mary Symon Charitable Trust

T

Ruth and Harry Taafe
Augusta Bessie Tadjell
Flora Louisa Thompson Charitable Trust
Gary Thomson Endowment
Harry Tootal and Eva Broadhurst Memorial Trust
Joseph Thornton Tweddle

W

Jane H Walker
Eliza Wallis Charitable Trust
William and Aileen Walsh Trust
Francis, Thomas and Jeanette Warren Trust
Norman, Mavis and Graeme Waters Trust
Ernest and Letitia Wears Memorial Trust Fund
Arthur Wells Trust
George Wesleck and Violet Morewood Trust Fund Grant Bequest
Judith Myrtle and David Edward Williams*
Emily Vera Winder
Charles Wright Trust
John Frederick Wright

Y

Ephraim Yoffa Charitable Trust

We acknowledge the support of many individual trustees and trustee companies in the ongoing management and direction of endowed funds to support The Royal Children's Hospital.

We especially thank the following:

Equity Trustees Perpetual

*State Trustees Australia Foundation (STAF)



THANK YOU BETTY COSGROVE

To goddaughter Justine May and her three sisters, Betty Cosgrove was the stylish woman who lived next door to their grandparents. They'd spend their school holidays playing between the two properties linked by a gate.

"Betty loved children," said Justine. "She'd let us play her pianola and gave us treats. She lived across the road from Middle Park Primary School and always loved to hear the children playing."

That love and care for four particular children has now been extended as Betty's precious legacy to the sick children of Victoria. With Betty generously gifting her estate to the RCH in her Will, the 2018 sale of her beloved Middle Park home will have a transformative impact on the health and wellbeing of some of our most vulnerable children.

BED SPONSORSHIPS

By generously sponsoring a bed in a hospital ward of their choosing, our donors make a difference in a part of the hospital they feel passionate about or have a personal connection with.

A

Access Mercantile Agency
American Women's Association
AMRITVAN Ladies Group
Aruba Espresso @ RCH
Atura Hotels
Australian Macedonian Golf Open Championship

B

Ballarat Grammar Year 2 Parents
Jonny Bechler

C

Cancer Crusaders Auxiliary
Central Ford
John and Trish Cerini
Chadstone Ford and Hyundai
Ashwini and Sonia Chandra for Mrs Veena Chandra
Children's Health Partnership
Tony and Connie Commisso
Rydges Hotels and Resort

D

Daac Holdings Pty Ltd
Diacó's Garden Nursery
DISHA Direction to Hope
Riley Docker and Family

E

Essendon Holden

F

Fairleys SUPA IGA
Eaglehawk Shepparton
Finnan's Gift - Op Shop Ball
ForensicIT

Jakob Frenkiel Charitable Trust
Cathleen and Wesley Fry

G

Smelia Gigis
Glenroy Football Club
Guardian Medical
Ryka Gulati and Family
Sofia Gutwirth and Family

H

Emile Haddad and Family
Harris Family
Hodges Real Estate
Bentleigh
Ascot Vale
Beumaris
Caulfield
Corporate
Cranbourne
Geelong
Mentone
Prahran/South Yarra
Sandringham
South Melbourne/Elwood

I

ICMG Youth and Hasene Australia
ICMG Youth Meadow Heights and Sareera Youth
ICV - Islamic Council of Victoria

J

Jasmine Petaia and Family

K

Blake Kearns and Family
The Kenessey Family for Grace
Libby Kurc and Family

L

Warren Larsen and Family
Lazy Moe's Restaurants
Lendlease

M

Making a Difference for Ethan Brown
The McConnell Family for Lily
Melton Country Club
Michael's SUPA IGA
Korumburra
Leongatha
Michael's IGA
Mind Blowing Films
Luca Miraglia Foundation
Zara Murkies

N

Nelson Alexander
Neonate Mates Auxiliary
New Age Caravans
Norich Family for Bodhi
NZ Australia Punjabi Cultural Association

P

Porsche Centre Brighton
Prem Bubs Auxiliary
Thai Culture and Food Festival Melbourne, Thai Community of Victoria

Q

QT Hotels and Resorts

R

Storrm Rodwell and Gus Balbontin for Wolfe
Roman Middleton Charity Golf Day
Rotary Club of Sunbury

S

Perry Sambor
Sammak Family for Mohammed Habib
Franca Strano
Strathmore Community Services Bendigo Bank

T

Mabel Barrett Lee Tan
Teska Carson
That's Amore Cheese
The Baby Emma Foundation
The Rotary Club of Bendigo for Brishti
The Royal Children's Hospital Foundation Staff
Trewin Family
Antonio and Tatijana Tropeano
Turn-Key Fitout

U

Universal Steel

V

Xavier Venville and Family

W

Finley Warren and Family
Wonthaggi Toyota and Holden

Y

Yi and Li Family

THANK YOU KENESSEY FAMILY

Two Easters ago, Grace Kenessey came down with what seemed like a normal virus.

"Then she got behaviourally weird," said her father Tom, "reacting all out of proportion."

Hours after arriving at the RCH Emergency Department, Grace was given a spinal tap. Over the next month, weakness turned to full body paralysis. A range of clinicians worked to eliminate what Grace *didn't* have until a diagnosis of acute disseminated encephalomyelitis was made; an extremely rare autoimmune disease.

"She was in the RCH for eight weeks," said Tom, "then in and out for rehab for six months. It was scary but she had the best people in the world looking after her."

Bed sponsorship seemed like an obvious philanthropic choice for Tom and Cathy who appreciated the benefits they received from those who had given before them. Under this scheme, generous donors sponsor a bed in a ward they are passionate about and, for the Kenesseys, that was Cockatoo Ward, Surgical and Neurology Care.



RCH CHAMPIONS

RCH Champions are supported by generous people from across Victoria. Thank you to the inspiring people who run these fundraising initiatives and the thousands of people who support them.

A

Asha Abeling - Asha is Donating Her Hair
 Sam Adams - Albert Park Golf Club Charity Golf Day
 Aitken College
 Aitken Creek Primary School
 Alamanda k-9 College
 Lily-Irie Almeida
 Kathy Anastasopoulos - Miracle Baby Connor
 Billy Anderson
 Apollo Parkways Primary School
 Daniel and Nathan Arbuckle
 Amal Assafiri - Al-Taqwa College Annual Soccer and Basketball Tournament
 Australian Macedonian Golf Open Championship
 Autism Partnership Australia

B

Bahtagic Family - Christmas Lights
 Sean Balchin - Santa Home Visits for the Kids
 Jack Baldwin - Friday Night Live Car Event
 Joanne Ball - Nick's 18th Birthday Celebrations
 Nick Ball
 Angela Banks - Brave Shave
 Clayton Barbara - Burnout Enthusiasts
 Emma Barker
 Damla Baykal
 Bayside Christian College
 William Bell - The Rip Swim
 Belle Vue Primary School
 Belmont Primary School

Birmingham Primary School
 Priscillia Boey
 Boronia Radio Controlled Car Club
 Mirella Boscarino-Ala
 Carine Boustany - Dylan's Angels
 Kirsty and Stephen Bowness
 Kate Brady
 Lenard Brennan
 Charlotte and Holly Brimelow
 Glenn and Allyse Brine
 Kim Aun Brough - Run for Ellie
 Harry Brown - Chronic Illness Peer Support Program
 Joanne Browne
 Buckley Park College
 Shari Butcher

C

Camberwell High School
 Campania Sports & Social Club
 Glen Campbell - Princes Laundry
 Campbellfield Heights Primary School
 Alisa Camplin-Warner OAM
 Ceres Primary School
 Jason Chan - Street Busking
 Gamini Chandrasekara
 Chat 10 Looks 3 LIVE Melbourne
 CheepJokes
 Meherab Choksi - Meherabs Joey Scouts Promise Challenge
 Peter Christen - Boating for Brains
 Katie Christensen
 Chrysler Restorers
 Daniel Ciccone
 Circolo Pensionati Italiani East Keilor Avondale Heights

Bob and Marlyn Clark - Bob's Christmas Shave
 Mary Clarke - Mason Clarke Preserving Company
 Steven Clayson
 Cobram Secondary College
 Coffey Services Australia Pty Ltd
 Diana Collins
 Combined Victorian Chrysler Clubs
 Concord College
 Lesley Connelly - Peppin Point, Spring Valley Social Group Gathering
 Copperfield College
 Corowa Civic Bowls Club
 Cherele and Nimary Courts - Christmas Lights
 David Cousin
 Craigieburn Secondary College
 Mick Creati Cycling for ChIPS
 Croxton Special School
 Melinda Culle
 Grace Curran - Great Ocean Road Running Festival
 Cystic Fibrosis Community Care

D

Dame Phyllis Frost Centre
 Mitchell Davies - Free Comic Book Day
 Dawson Street Childcare Co-operative
 Department of Justice and Regulation
 Krystal Dickinson - Kilmore Halloween Maze
 Raf Dimachki - Aussie Hunters Show Of Hearts
 DISHA Direction to Hope
 Distinctive Options
 Don Bosco Catholic Primary School

Don Valley Primary School
 Doncaster Primary School
 Abigail Donoghue
 Emily Dougherty - SWTAFE Intermediate VCAL Trivia Night
 Oliver Downe
 Drouin Girl Guides
 Gargi Dutta - Centelon Loves Kids
 Gill Dvir

E

East Geelong Football Netball Club
 East Malvern Early Learning Centre
 ECG College
 Matthew Edwards
 EHSAN Victoria
 Emmanuel College
 Errol Street North Melbourne Primary School

F

Kara Faganel - Tildie Franklin's fundraising page
 Fairhills High School
 Fairhills Primary School
 Mario Fijan - Run for kids
 Finnan's Gift - Ray White Bayswater
 Sophie Coulton
 Tim Dixon
 Sarah Fisher
 Amelia Reid
 Finnan's Gift - Ray White Box Hill
 Kate Roux
 Finnan's Gift - Ray White Carnegie
 The Colour Run
 Finnan's Gift - Ray White Commercial
 Jenny Prowse
 Paul Waterhouse

Finnan's Gift - Ray White Ferntree Gully
 John Arroyo
 Xavier Au
 Helen Bi
 Barbara Blokkeerus
 Jenny Bolch
 Jessica Brereton
 Tina Bull
 Chelsea Burton
 Nabeel Cadeki
 Tania Cek
 Alyssa Chea
 Kiah Clarke
 Think Cu
 Trish Davie
 Samantha Derksen
 Kirsty Edwards
 Daniel Egan
 Blayze Fatchen
 Tammie Fleming
 Matthew George
 Maya Giampa
 Anita Hancock
 Ashleigh Harris
 Shelley Hart
 Chloe Holt
 Cat Jackson
 Natasha James
 Allison Johnson
 Alyssa Johnston
 Ilga Kelly
 Sarah Lowry
 Alanah Mavro
 Rene Mawad
 Emma McCarthy
 Patrick McConnachie
 Crystal McFadyen
 Katrina Mcloughlin
 Jeremy O'Donoghue
 Lar Potimoy
 Cassy Prouse
 Sandra Ralph
 Rhiannon Roderick
 Samantha Ross-Edwards
 Paul Scott
 Jimmy Shan
 Justine Sharman
 Matthew Sims
 Benjamin Thomas
 Joanna Turner
 Sophie Walker
 Kellie Zsiga

Finnan's Gift - Ray White Forest Hill
 Jodie Wilson
 Finnan's Gift - Ray White Loan Market
 Ben Taylor
 Nicholas Wu
 Finnan's Gift - Ray White One Network
 Loan Market
 Jacob Decru
 Finnan's Gift - Ray White Ringwood
 Nimol Meng
 Finnan's Gift - Ray White Wantirna
 Sarah-Jane Kennedy
 Nathan McMurtry
 Johanna Mohamed
 Finnan's Gift - Team Finnan's Gift
 Emma Brennan
 James Brown
 Oliver Camplin-Warner
 Emma Carmody
 Dale Dickson
 Jennifer Douglas
 Nichole Drysdale
 Michelle Gale
 Simon Holt
 Roy LeMiere
 Kaitlin McMahan
 Allan Morse
 Grant Rice
 Jason Sbriglio
 Anthony Seabrook
 April Slater
 Lindsay Thomas
 Nick Warren
 Finnan's Gift - John Shore
 The Op Shop Ball
 Fintona Girls' School
 James Fisher
 Linda Fisher
 Helen Forgasz - Helen Forgasz's Garage "give away"
 Forrest & District Lions Club
 Freemasons 'We Care' Charitable Trust
 Jesse Freestone
 Jacinta Fry - The Good Shepherd Lutheran Primary School Pyjama Day

THANK YOU DISHA

DISHA was founded in 2006 after a cancer diagnosis in the family of founder Tara Chandramouli. Since then, the group has worked tirelessly to raise an extraordinary \$300,000 for hospitals in Melbourne, with a particular focus on cancer services.

DISHA's Fundraising Committee, including Mini Chandramouli, Sahil Aggarwal, Shilpa Verma, Rupal Garg, Meera Rastogi and Somya Rastogi, organised a Cuppa for Kids breakfast to raise funds for The Royal Children's Hospital. With DISHA's interest in contributing to cancer care, electing to sponsor a bed in the RCH's Kookaburra Ward was a fitting way to give. Thanks to DISHA's sponsors and supporters, the event raised an outstanding \$15,000, sponsoring a bed in the ward for three years.

"Our donation to the bed sponsorship program in the Kookaburra Ward felt like a tiny splash in the mighty ocean, but we know even if that small contribution can put a smile on a child's face we have made a difference and we are so inspired to continue doing so," said Somya Rastogi.



G

James Gard
 Graham Garner - Binny's Recycling Supporting The Kids
 Andrew Gault
 Tony Gavaghan - Tony's Pie Shop
 Gladesville Primary School
 Gladstone Park Primary School
 Win Gleeson
 Glenallen School
 Glenvale School
 Bendigo Campus
 Cardinia Campus
 Hamilton Campus
 Nathalia Campus
 Swan Hill Campus
 Joelle Godfrey
 Good Counsel College
 Good Shepherd Parish School
 Pauline Goodes
 Goodstart Early Learning Elwood
 Goodstart Early Learning North Melbourne
 Goodstart Early Learning Richmond
 Deborah Grace - Henrietta's Fund
 Great Amazing Race
 Toni Amos
 Brea and Cherie
 Card Sharks
 Donna and Kylie Chupa Chup Chicks
 From the sticks
 Tue Joseph Giang (Team TnT)
 Nataleigh Gleeson
 Top Green
 Helen Harris
 Katrina Henriques
 Honey Badgers
 Kathryn Jones
 Lauren Keilar & Emma
 Kirsten and Ben's Amazing Race
 Katherine Lange
 Los Hombres Trabajadores
 Mario and Luigi
 Menace to Sobriety
 Monique and Naomi
 Alex Newbold
 NICU Team
 Niki and Kath
 Ellen Pieper
 Rachel & Naomi

SN Squared trying to help out
 Team Awesometacular
 Team Ganbatte
 Team LuDaLi
 Team RACSAC
 Team Vegies
 The Max
 Tim and John Amazing Race
 Uplift Events

Leonie Green
 Greythorn Primary School
 Chloe and Racquel Grigoropoulos
 Alexis Groves

H

Peter Hagan
 Ardan Halligan - Shinboners United
 Terence Hallpike
 Jim Hally
 Hand of God Church
 Harkaway Primary School
 Colleen Harkin - Oaks Day Ladies Luncheon
 Freda Harrison
 Hawthorn West Primary
 Monica Hearn - Mahogany Rise Primary School Free Dress Day
 Troy Henderson - Run 4 Kids
 Amy Henry
 Herridge Family Trust
 John Hill and Co
 Klaudia Hochhuth
 Jodie Hollis - Braco's Ride for the RCH
 Holy Rosary School
 Holy Trinity Primary School - Eltham North
 Alice Homer - Shopping Tours
 Edith Honeyman-Taylor
 Graham Horne - Cirrus Life Convention Uluru
 Horsham Primary School
 Caroline Huggard - Good Start Early Learning North Melbourne Mother's Day Afternoon Tea
 Hume Central Secondary College
 Husband Family - Christmas Lights

I

Inala Village
 Independent Schools Victoria
 Dominic Italiano - One Star Coffee Lounge

J

Kate Jackson - Buddy Clips for Kids
 Farshid Jamshidi - Photography
 Shane Jenkins
 Brad and Katrina Jenkinson - Hammer Time

K

Samantha and Rhett Kelly
 Kew Primary School
 Keysborough College, Acacia Campus
 Michael Kiernan - Rats of Tobruk Association Neuroscience Fellowship Fund
 Kingsley Park Primary School
 Bronwyn Knight
 Knox Boat Fishing Club
 Koondrook Primary School
 Andrew Kornberg
 Kororoit Creek Primary School
 Korumburra Primary School
 Kosciuszko Street Primary School
 Isavella Kouvelis
 Z. Adam Krezel
 Shilpa Kumar - Miss Teen Galaxy Beauty
 Kunyung Primary School

L

Shane Larsen - Zeke's Fund Christmas Lights
 Laurimar Primary School
 Holly Lawford
 Andrew Lawson
 Genevieve Lee-Chan
 Lifestyle Communities Brookfield
 Lifestyle Communities Chelsea Heights
 Lions Club of Speed

Christian Logan, Oscar Hepworth, Eloise Hepworth - Lemonade Stand

Lotus Smiles Dental

Vasantha Pather Lowen & Beverley Clinch

Joanne Lucchese - Dinner Dance

Sharon Lumby

Lynbrook Girl Guides

Lynbrook Primary School

M

M A Centre (Aust) Pty Ltd

MacKillop Catholic College

Mahogany Rise Primary School

MAI Fitness Zumba

Making a Difference Gala Ball
Alicia MacLean

Making a Difference with Burpees -
Buninyong CrossFit

Imogen Batrouney
Elle Berry

Jaci Bolton

Jeni Burton

Janine Carter

Joanne Dowie

Kade Dowie

Kiara Dowie

Tyler Dutton

Adam Gready

Trudi Gready

Timothy Keating

Rebecca Leech

Abby-Elle McArthur

Nathan Oldaker

Greg Pearsall

Melissa Scott

Benjamin Townsend

Kylie Townsend

Belinda Wallesz

Paul Wilson

Michelle Zeestraten

Dina Mammone - Zara Mammone's
Scoliosis Awareness Fundraiser

Mary Martin Bookshop

Ivana Masic - 'Team Masic Run for the
Kids'

Quentin and Jacqui McEwing - Belle's
Big Cut 4 Cancer

Matilda Mcgoon - Berry Barbeque

Richard McLean - "Grogan The
Monster" Book Launch

Emmanique McVeigh

Melbourne Marathon Festival
Elke Braithwaite

Jag Garcha
Mitchell Stoneman

Melbourne Shopping Tours

Melton Christian College

Methodist Ladies College

Mick's Place

Adam Miller

Mitch's Bun Chop For Charity

Mischy Mlaetsky

Monash University College

Chris Montalti - A Night On a Bike

Montmorency South Primary School

Montpellier Primary School

Moonee Valley Racing Club

Mount Alexander College

Mount Ridley College

Mt Hira College

Megan Mulley - Baby Shower

Veronica Murphy

Muscle Car Club of Victoria

Ian Myers - The Chloe Clash

N

Neerim District Secondary College

Angie Ng - Priscillia Boey's Garage Sale

Nick's Wish

Yianni Nicolaou

Northern Bay P-12 College

Nullawil Primary School

O

Kristen O'Connell - Running for a Cause

Steve O'Connor - Yarraville Yacht Club
Golf

Officer Secondary College

Jessica Oliver

Our Lady of Fatima School

Our Lady of Immaculate Conception
Primary School

Our Lady of Sion College

P

Brad Palmer - Brad Palmer's Tough
Mudder Challenge

Pampieriki Brotherhood of Melbourne
and Victoria

Parkdale Family and Children's Centre
Kindergarten

Stephanie Parker

Lorraine Paton - Rene Hartnett Stall for
Cancer Research

Sandra Peachey

Amely Pech

Peninsula Sands Pre School

Peppin Point, Spring Valley Social Group

Zoi Petalidou

Peter Lalor Secondary College

Khang Pham - High Tea at the Windsor

Raffaella Piskopos

Marc Playford

Plenty Parklands Primary School

Matt Plunkett

Point Lonsdale Bowls Club

Portarlington Primary School

Portland Bay School

Laura Powell

Presbyterian Ladies College

Preston West Primary School

Princes Laundry Services Pty Ltd

Ajay Psaila Memorial Fund

Sam Pucci - Jar of Hope Raffle

R

Tahlia Radclyffe

Rapid Relief Team

Matt Reeves and Chris Dowling

Regency Park Primary School

Carmela Rigoni

Emma Robinson - Settlers Run Golf &
Country Club Golf Day

Megan Rogers - Rogers Family Yard Sale

Kon Romios - Little Kid BIG Hope

Rotary Club of Beaumaris

Rotary Club Of Keilor Inc

Rotary Club of Werribee 200km Walk -
Judy Quarantotto

Will Rowland - Bowral Classic

Roxburgh Rise Primary School

Royal Flower and Gift - The Royal
Children's Hospital

Run Melbourne

Linda Burchett

Melanie Wong

Alan Yang

Kate Ryan - Bath Family Holiday
Fundraising Stall

S

Perry Sambor - Annual Live Life
Foundation Charity Golf Day

Alice Sarah-Lay

Saturday Night Live (SNL) Car Club

Zahra Sayegh

Angela Scali

Renee Schneider - Schneider Family
Christmas Lights and Show

Scoresby Primary School

See Yup Society

Terry Sefton

Shanghai Shangde Experimental School
Grade 4 Australian Study Tour Group

Kyle Sheldon Memorial Fund

Isabelle Sherry

Prasanna De Silva

Josephine Skoblar

Slumbercare Bedding (Aust) Pty Ltd

Solarino Social Club

Somerville CFA

Sorrento Sailing Couta Boat Club

South West TAFE

Ben Southam - Bayside Community Run
Club

Spiff and Yarrawonga Tennis Club

St Anne's Primary School

St John Bosco's Primary School

St Joseph Primary School

St Kieran's Primary School

St Leonard's Catholic Primary School

St. Paul Aposle North Primary School

Stadium Stomp

Alisha Gray

Clarissa Kirby

Karen Stephenson - Koda's Project

Natalie Stock

Georgie Stone

Strathmore Primary School

Streeton Park Retirement Village

Halil Sulu - Holden VL Car Show

Swinburne University of Technology

T

Jarrad Tabone - Annual Face Fuz

Lily Tan - Dancing Groups

Team 2 and friends of Michael

Telstra Super Pty Ltd

Templeton Primary School

Thai Culture and Food Festival
Melbourne, Thai Community of
Victoria

The Big Roast for CF

The Cupcake Queens

The Good Shepherd Lutheran Primary
School

The Gordon Frost Organisation

The Hamilton and Alexandra College

The Singing Gardens of CJ Dennis

Abbie Thomas - NICU Tea Party

Brian Thomas

Thomastown Secondary College

Thornbury Primary School

Charlee, Oliver, Emily and Katelyn
Thurlow

Timbeck Charitable Trust

Toolamba Primary School

Benjamin Townsend - Suncorp
Community Giving

Jesse Trayer

Jacqueline Trebilco

Sam Tropeano - Order of Saint John of
Jerusalem Knights of Malta Dinner

Truganina P-9 College

V

Atul Varsani - Shree Swaminarayan
Temple Charity Walk

W

Joshua Wain

Jennine Warner

Warragul District Specialist School

Warrandyte Cherry Blossom Guides

Wattle Park Primary School

Wembley Primary School

Werribee Secondary College

Warick Wesson

Paul Wilson

Tara Winkel

Donna Winney - Zumba Party Raffle

Wonthaggi Secondary College

Tarah Wood - Hodges Cranbourne

Woodford Primary School

Y

Yarra Valley Grammar

Bethany Yeuong

YMCA Whittlesea Community Services

Z

Anita Zarkov - Sacred Heart College
Year 9 Expo

Isabel Zarkov

Aphrodite Zoitas - Isavella Kouvelis'
Halloween Trick or Treat

THANK YOU VERY SNUGGLY QUILTS

If you walk into any room across the hospital, it's likely you'll spot a Very Snuggly Quilt. Across a bed, adorning a chair or crunched in an embrace, these quilts are delivered to every single patient at The Royal Children's Hospital (RCH) via a network of volunteers, workshops, across-state trips and countless hours of dedication.

The Victorian Quilters Very Snuggly Quilt Auxiliary is one of 70 Auxiliaries at the RCH with a very special purpose: to bring comfort and joy to the patients of the hospital.

With a history of delivering quilts across the hospital since 1998, members of Victorian Quilters Inc. officially formed their Auxiliary in 2004. Since then the Auxiliary has delivered over 13,000 quilts. In collaboration with the clerks on each ward, the team work to match an individually made quilt to the age and gender of each inpatient.

"Each time we deliver a quilt to a child, we love seeing their faces light up and discovering the quilt is a perfect match," said Auxiliary member Josephine Kelly. "When the soccer-loving boy can be comforted by the quilt with balls on it, and the girl dressed in purple, yellow and blue has a quilt in her favourite colours, it reaffirms everything we're working towards."

The Victorian Quilters Very Snuggly Quilt Auxiliary is made up of hundreds of makers from across the state. Throughout the year, Auxiliary member Marie Lee runs regular workshops and demonstrations everywhere from small country towns to large cities, providing an opportunity for all ages and skill levels to get involved.

"Our quilt-making workshops provide an opportunity for socially isolated and new community members to connect, learn and socialise. We welcome all skill levels, and will always find a way for someone to get involved," said Marie. "I regularly get approached by community members who have heard about the program and have lovingly made a collection of quilts that they would like to donate to the hospital."

And in a hospital setting, the quilts can make all the difference. "The ability to help make a patient's room feel more comfortable, like home, can be a wonderful comfort to children who might have had to travel from interstate or be away from their extended family. Giving a child a handmade quilt often provides them with a positive souvenir from their hospital stay," said Marie.

"We're very proud to be known as The Quilt Ladies across the hospital, and to be in the position to bring a smile to each child's face."



RCH AUXILIARIES

For over 96 years the Auxiliaries have proudly supported the RCH. Today, over 70 Auxiliary groups are actively fundraising for the hospital across the state. Their dedication and goodwill raised over \$1.4million for the 2018 Royal Children's Hospital Good Friday Appeal.

A

ABC Auxiliary
Absent Friends Auxiliary
American Women's Association
aRCHers Auxiliary
Auxiliary Legacy Fund

B

BEADS Auxiliary
Beyond Sight Auxiliary
Bright Starts Auxiliary
Brimbank Torch Auxiliary
Broadmeadows Auxiliary

C

Cancer Crusaders Auxiliary
CIKA Auxiliary
Caring Friends of CF Auxiliary
Caroline Auxiliary
CasKids Auxiliary
Caulfield Auxiliary
Charity Works For Kids Auxiliary
Charli's Angels Auxiliary
Children's Brain Tumour Association Auxiliary
Children's Flyers Fun Auxiliary
ChIPsXiliary
Comfort for Kids Auxiliary
Courage for Kids Auxiliary
CPR Auxiliary
Cystic Fibrosis Research Trust Auxiliary

D

Dame Elisabeth Murdoch Luncheon
Dirty Hands, Happy Hearts Auxiliary
Do-Bees Auxiliary

E

Ezy Breathing Auxiliary

F

Footscray/Yarraville Juniors Auxiliary

G

Geelong Auxiliary

H

HAUX Auxiliary
Have a Heart Auxiliary
Hawthorn Auxiliary
Heart Throb Auxiliary
Heart To Heart Auxiliary
Hidden Treasures Auxiliary

I

Inverloch Diabetic Unit Auxiliary

K

Knox-Sherbrooke Auxiliary
Kooyong Lawn Tennis Club Auxiliary

L

LARCH Auxiliary
Let the Children Play Auxiliary
Lifetime 4 CF Kids Auxiliary

M

Mish Mish Auxiliary
Mum's Kids Auxiliary

N

Neonate Mates Auxiliary

O

OARA

P

Pankina Auxiliary
Parkville Auxiliary
Pelican Auxiliary
Prembubs Auxiliary
President's Fundraising Network

R

RCH Volunteers Auxiliary
Roxburgh Park Auxiliary

S

Smiley Auxiliary
South Western Auxiliary
Southern Rainbows Auxiliary
Special Kids EBC Auxiliary
St Kilda Auxiliary
StroKidz Auxiliary

T

Templestowe Auxiliary
The Children's Brain Tumour Association
The Melbourne Sinfonia Auxiliary
Trailblazers Auxiliary
Transcend Auxiliary

V

Victorian Quilters Very Snuggly Quilts Auxiliary
VivaRCH Auxiliary

W

Wangaratta Auxiliary
Waverley Auxiliary
Werribee Ladies For Kids Auxiliary
Willy Seagulls Auxiliary

Y

Yellow Ribbon Kids Auxiliary
Young Set Auxiliary

IN CELEBRATION

Giving In Celebration is a simple and personal way to mark any special occasion.

Over the course of the year, many generous supporters forward gifts to support the hospital in celebration of birthdays, weddings, anniversaries, Bar Mitzvahs, Bat Mitzvahs and other special occasions.

A

Anvitha Ananth's 5th Birthday

Sian and Alastair Anderson's Wedding

Chloe Appel's Bat Mitzvah

Autumn's 1st Birthday

B

Jonny Bechler

Zac Berman's 1st Birthday

Taya Binstock's Bat Mitzvah

Bella Black's Bat Mitzvah

Jude Brown 1st Birthday

C

Kingston Caguioa's 7th Birthday

Luca Carrazzo's 4th Birthday

Bertie Ceylani's 1st Birthday

Jordan Cohen's 1st Birthday

Leo's Baptism and First Birthday

D

Akiera Dewi's 10th Birthday

Dane and Seneca Dowling's Wedding

Layla Dvir's Bat Mitzvah

E

Koa Eisikovich's 1st birthday

F

Patrick Field's 1st Birthday

Glenn Floorenza's 2nd Birthday

Cleo Fournarakis' 1st Birthday

G

Ashley Gallina's 21st Birthday

Charlize Gerreyn's 8th Birthday

Miri Gilboa's Bat Mitzvah

Janak Godhani 1st Birthday

Carter Graham's Bar Mitzvah

H

Harvey and Luca's 1st Birthday

Zac Hendler's Bar Mitzvah

Maya Herszfeld's Bat Mitzvah

Olivia Ho's 7th birthday

K

Aliza Kingsley's Bat Mitzvah

Anastasia Koinakis's 7th Birthday

Krish's 1st Birthday

Michael Kurc

L

Ashton Lee's 1st Birthday

Max Lewis' Birth

Helen and Boris Liberman's 70th Birthday Celebration

Mav Lindsay's Baptism

Love Kids 2017

M

Samantha Mann-Segal's Bat Mitzvah

Kevin Marx's 90th Birthday

Jordan Michael's Birthday

N

Barry Novy's 75th Birthday

Courtney Nugegoda's 21st Birthday

O

Ollie O'Keefe's 1st Birthday

Nathan Ooi's 1st Birthday

P

Lulu Pack's Bat Mitzvah

Paris' 2nd Birthday

Eden Parker-Vincent's 1st Birthday

Payton's 1st Birthday

Victoria Pontikis' Bridal Shower

Ariana and Lila Prabhakaran's 1st Birthday

Harry and Margaret (Malka) Preston's 50th Wedding Anniversary

Richie Priester's Bar Mitzvah

Bella Prunty's 1st Birthday

R

Radheshyam's 1st Birthday

Shreya Raghavan's 8th Birthday

Marly Rochman's 3rd Birthday

Mia Rozen's 1st Birthday

Harry Ryan's 1st Birthday

S

Kyle Sheldon Memorial Fund

Joel Small's Daughter Birthday

Summer, Taylor and Daniel's 3rd Birthday

Mia Sutherland's 1st Birthday

T

Nina Tilly's 1st Birthday

Colin Todd's 80th Birthday

V

Ollie Vassallo's 1st Birthday

Marisa Vavoudis-Sacco's 2nd Birthday

Anthoula Ververis' Wedding

Vihari's 1st birthday

Rohan Vishal's 1st Birthday

Vishali's 18th Birthday Party

W

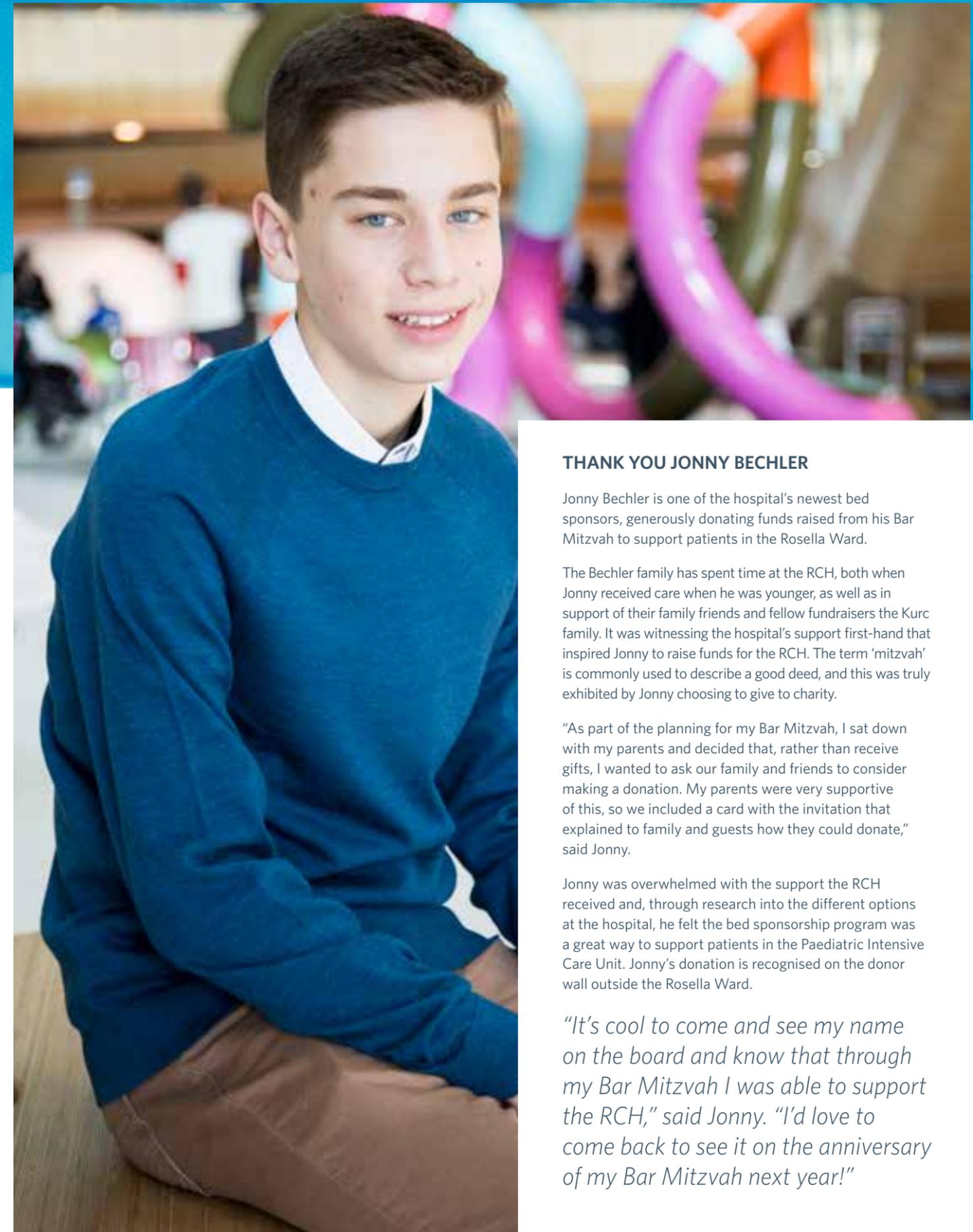
Val Wane

Zac Weller's Bar Mitzvah

Willows Birthday Party

Z

Anita Zambetta's 9th Birthday



THANK YOU JONNY BECHLER

Jonny Bechler is one of the hospital's newest bed sponsors, generously donating funds raised from his Bar Mitzvah to support patients in the Rosella Ward.

The Bechler family has spent time at the RCH, both when Jonny received care when he was younger, as well as in support of their family friends and fellow fundraisers the Kurc family. It was witnessing the hospital's support first-hand that inspired Jonny to raise funds for the RCH. The term 'mitzvah' is commonly used to describe a good deed, and this was truly exhibited by Jonny choosing to give to charity.

"As part of the planning for my Bar Mitzvah, I sat down with my parents and decided that, rather than receive gifts, I wanted to ask our family and friends to consider making a donation. My parents were very supportive of this, so we included a card with the invitation that explained to family and guests how they could donate," said Jonny.

Jonny was overwhelmed with the support the RCH received and, through research into the different options at the hospital, he felt the bed sponsorship program was a great way to support patients in the Paediatric Intensive Care Unit. Jonny's donation is recognised on the donor wall outside the Rosella Ward.

"It's cool to come and see my name on the board and know that through my Bar Mitzvah I was able to support the RCH," said Jonny. "I'd love to come back to see it on the anniversary of my Bar Mitzvah next year!"

IN MEMORY

Giving In Memory is a meaningful way to pay tribute to a loved one who has passed away.

Throughout the last financial year, many families created a lasting legacy by requesting donations to the RCH Foundation in lieu of flowers. We acknowledge these loved ones below.

A

Giuseppe Alagna
Diana Alday
Dawn Anderson
Mia Angeloni
Alan Raymond Arthur
Sister Gladys Olive Aydon

B

Montadher Al Baheli
Betty Bailey
Sofia Baltatzidis
Cheydan Tori Barr
Tony Bennetto
Valma (Val) Joyce Biske
Yianis (John) Blanas
Tomasina Borzillo
Jermain Robert Bourbon
Elsie Bonnie Bradshaw
Paul Buhagiar

C

Maria Concetta Campanella
Frank Carnovale
Edwina Margaret Chambers
Joy Clarke
Dennis Coates
Henry Coates
Hayden Robert Corrigan
Antonino Corso
Vittoria Costa
Janina Czerwik

D

Florinda D'Amelio
Frank Dallimore
Margaret Joan Davis
Jade Dharmawardena
Basilio Diaz
Anastasia Divitaris
Joan Dryden
Barry Francis Dunell

E

Barry Earl

F

Amahna Faalavaau
Alexandria Lily Filippetto
Antonio Fiumara

G

Hannah Georgiadis
Jackson Grant

H

James Harrup
Brian Robert Harvey
Holly Henman
Elizabeth Hollett
Florence Rose Kate Hyndman

I

Domenico Imbesi
Olivia Imbesi

J

Darryl John Jeffrey
William (Bill) Johnson

K

Androniki Karagiannis
Julian Keogh
William Keough
Don Kinsey
Peter Knight
Costas Kyriacou

L

Raymond Charles Lester
Lynda Lovell

M

Gabriel Maclou
Bev Mallows
Judith Ivy Mann
Connie Markovsky
Emma Martin
Daniel Martinez
Lesley McKibbin
Callum McLoughlin
Simon McMahan
Ian McNaughton
Joan Elizabeth McPhee
Angela Micallef
Jayne Mills

Dimitrios Milonas

Nancy Eleanor Mitchell
Odetta Montagna
Carol Murphy

N

Lorne Jean Newbery
Barbara Nikolis
Nopera
Samuel Thomas Nye

O

Katie O'Callaghan
Gwenda Owen

P

Arthur Panagopoulos
Zoltan Pataki
Maria Pellegrino
Rochchina Pennacchia
Alan Donald Phillips
Alice Irene Pickering
Constantine Ploudias
Hayden Michael Potts

R

Connor Remmerswaal
Angela Richards
Giuseppa (Pina) Rizzo
Alan Charles Rogers
Richard Rowe
Joseph Rufolo

S

Maria Di Sabato
Vance Salzone
Michael Scarfo
Domenico Sensati
Kyle Sheldon Memorial Fund
Ron Shingles
Jean Sidgwick
Christine Siokou
Dimitrios Skenderis
Joan Marina Smith
Simo Stanic
Eva Stavroulakis
Allan Steain
Sharyn Swindon

T

Simone Jade Tan
John Tasker
Abbie Taylor
Drago Teklic
Caterina Tesoriero
Una Marion Thomas
Antonio Tomassini
Gwendoline Traplin

V

Mario De Vecchi
Vincenzo Viterale
Ken Vivian

W

Doris Walker
Edna Wallis
Grace Wells
Anna White
Connor Williams
Daniel Graham Wilson
Master Kalvin Roderick Wilson
Peter Robert Woods

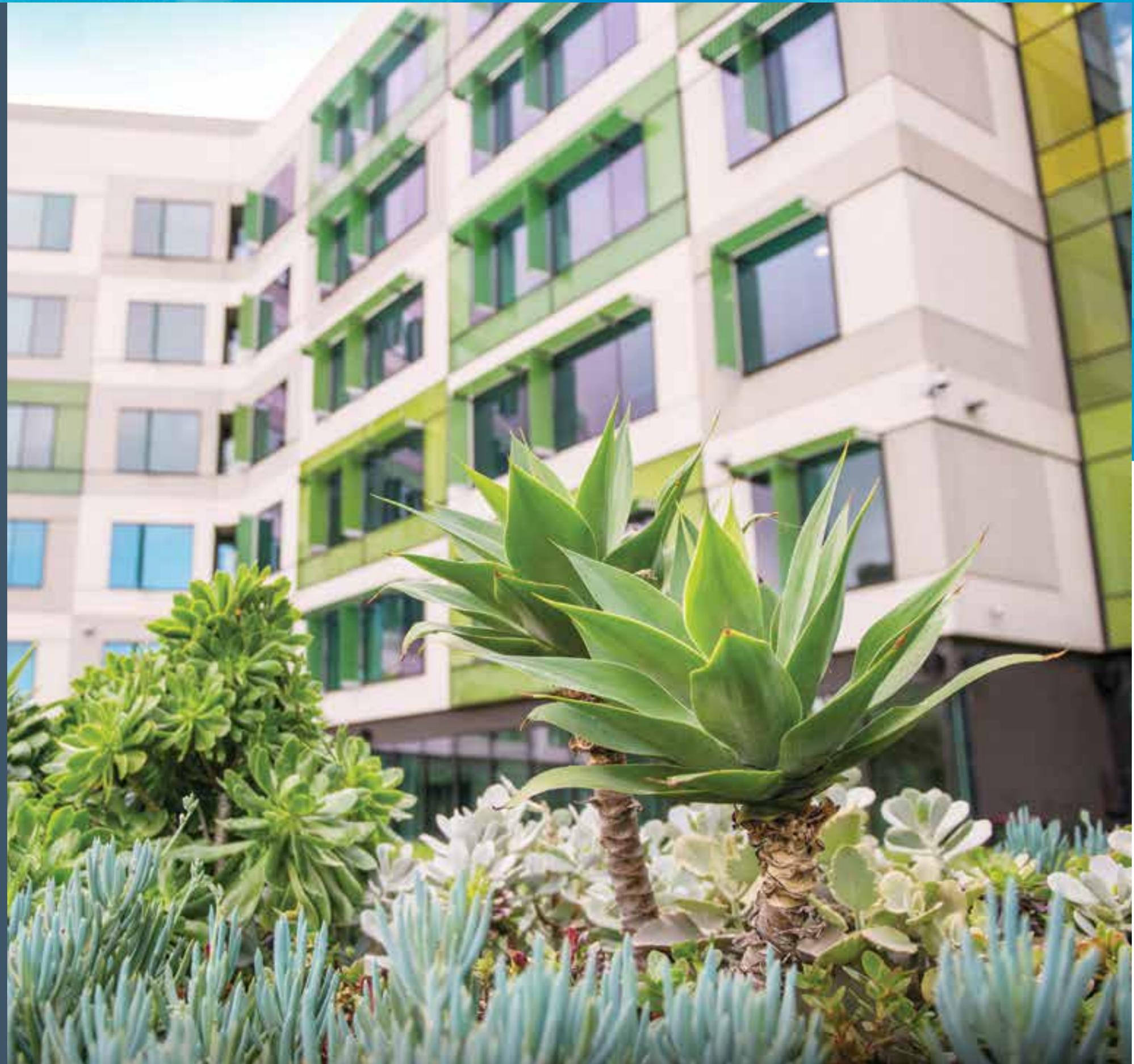
Y

Dorothy Elizabeth Young

OUR COMMITMENT TO DONORS

To ensure the RCH Foundation has the respect, trust and confidence of our supporters and friends, we declare all donors have the following rights:

- To be informed of the RCH's mission and vision, and the way in which their gift will fulfill this mission and vision while meeting the supporter's philanthropic intentions
- To be advised of the membership of the various boards and committees that govern the RCH Foundation and to expect the Board will exercise prudent judgment in its stewardship responsibilities
- To have access to the RCH Foundation's most recent financial statements and investment policies
- To be assured that their gift is used effectively for the purposes specified by the supporter, or where such purposes are no longer practicable or appropriate, that the RCH Foundation and hospital promises to remain as true as possible to the supporter's original intentions and stipulations
- To receive appropriate acknowledgement and recognition for their generosity
- To expect that their request for anonymity is strictly observed
- To expect that all information about their support or intended support is handled with professionalism, respect and confidentiality and in a manner equal and above that required by law
- To be provided with prompt, truthful and forthright answers about any aspect of their gift
- To be informed whether those seeking donations are volunteers or employees of the RCH Foundation
- To have the opportunity to update their communication preferences and unsubscribe from mailing lists
- To be assured we value their privacy and information. To read our privacy policy, please visit www.rchfoundation.org.au/privacy



At a glance

MEET AIMEE

The Royal Children's Hospital Chronic Illness Peer Support (ChIPS) program is for young people and led by young people aged 12 to 25.

Aimee Scanlan, a member of the ChIPS fundraising committee, is now in her first year of primary school teaching. She's mostly able to enjoy going out just as much as any 23-year-old, but living with a chronic health condition means she has to be especially vigilant about stress.

"That can trigger flare-ups," said Aimee, "and the symptoms become more noticeable."

Aimee is also a ChIPS peer leader, acting as a role model for new members as they settle into the program that's already made such a difference to her. She credits her ChIPS peers with "helping me accept my condition is lifelong."

"Now some of my closest friends are in ChIPS and we're just there for each other. Sometimes we talk about our health issues but mostly we just talk about our lives."

The ChIPS fundraising committee meets each year to establish their goals. From Bunnings barbecues to trivia nights and Bogan Bingo, it's all about having fun making money to fund even more fun for CHIPPERS covering their wide range of interests.

"We've had Amazing Race events," continued Aimee, "and an escape room Christmas party. Funding more spaces on our two annual camps is a priority; they're our major events."

"I've got so much out of the physical challenges on camp. There's always a heights course and I'm scared of heights but there's so much encouragement: 'You know you can do it; you're going to be fine'."



Aimee is a member of the RCH's Chronic Illness Peer Support (ChIPS) program and is helping raise funds so that more young people can get involved



Researchers analyse a blood sample as part of the CLARITY Juvenile Arthritis biobank

2017/2018

Financials

A summary of the 2017/18 financial results are reported on pages 80-81 of this report.

These results have been summarised in the tables and charts displayed and include:

- Figure 1A Income (by major category)
- Figure 2A Approved Grants (by funding area)
- Figure 3A Distributions of Income (distribution by funding area with fundraising costs and funds carried over for future grants)

2017/18 Income

The total income for 2017/18 is \$53.4 million. This is reported by the principal funding source.

Bequest and estate income was at similar levels to 2016/17 and was supported by a large number of generous gifts.

Income resulting from general donations increased, as the number of donations from major gifts, Trusts and Foundations, regular givers and corporate donors grew.

Approved Grants

Throughout 2017/18, just under 90 new grants were approved, totalling \$48.2 million. In many cases this funding extends over a number of years.

Distributions

In 2017/18, \$35.4 million was distributed to the hospital through the granting process. An additional \$11.5 million was held for future granting.

Administration and fundraising costs

A total of \$6.5 million of costs were incurred in 2017/18. This is a result of the costs associated with raising fundraising income, investing for future growth and ensuring the appropriate controls and governance procedures are maintained and strengthened, along with managing the grants process.

The financial results have been extracted from the Audited Financial Reports.

FIGURE 1A **INCOME 2017/18**

	(\$)	(%)
RCH Good Friday Appeal (GFA)*	16,031,961	30
Bequests and estate income	9,198,760	16
Finance investment income	11,276,044	21
General donations	10,489,455	20
Trusts and Foundations	5,154,412	10
Major event income	86,460	0.15
Other	151,423	0.5
Income from rental properties	918,070	2
RCH Auxiliaries**	127,035	0.35
Total	53,433,620	100

FIGURE 1B **INCOME 2017/18**

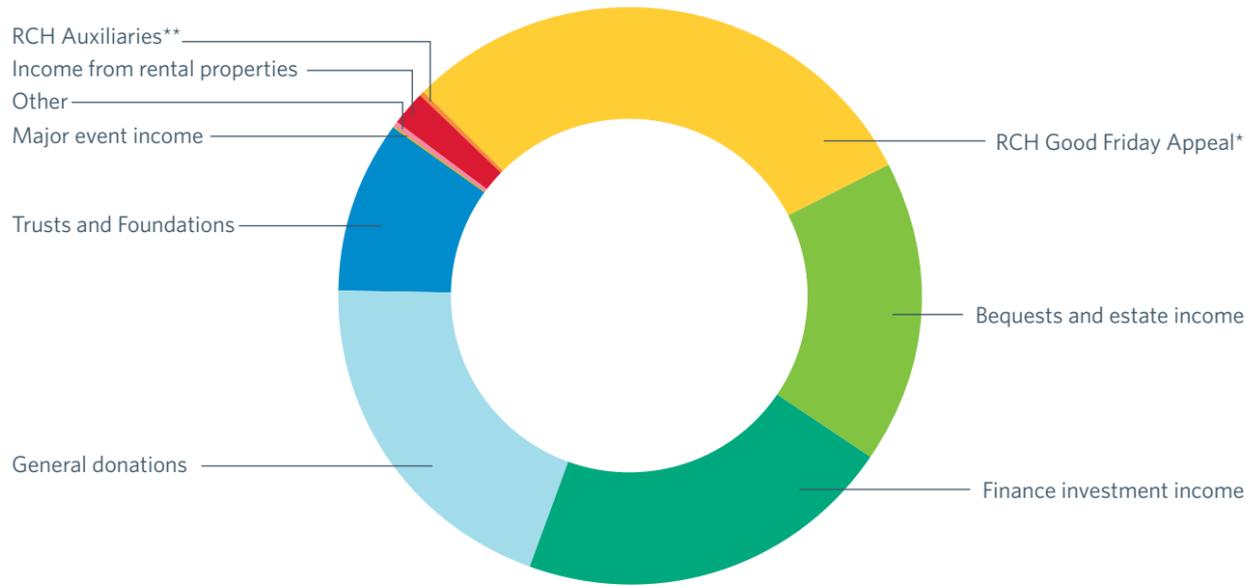


FIGURE 2A **TOTAL APPROVED GRANTS 2017/18**

	(\$)
Patient and family centred care	14,108,079
Equipment and technology	5,389,084
Research	16,235,205
Leadership, education and training	12,501,336
Total	48,233,704*

*This figure includes a number of projects being undertaken by the RCH that will be carried out over a three to five year period.

FIGURE 3A **DISTRIBUTION OF INCOME 2017/18**

	(\$)
Grants and distribution	35,369,963
Patient and family centred care	8,006,366
Equipment and technology	3,820,869
Research	10,743,578
Leadership, education and training	12,799,150
Future granting obligations	11,539,219
Administration and fundraising costs	6,524,438
Total	53,433,620

FIGURE 2B **TOTAL APPROVED GRANTS**

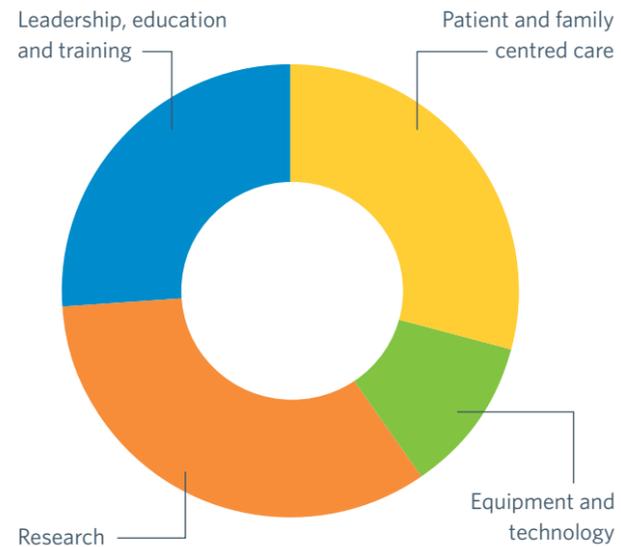
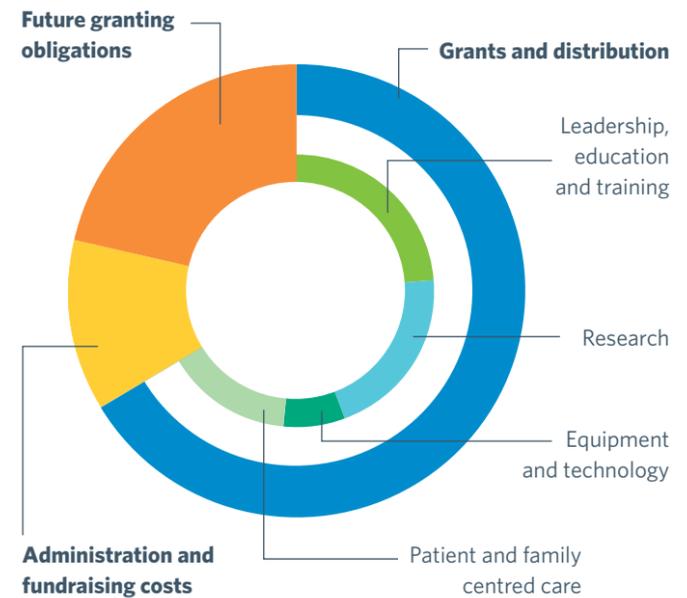


FIGURE 3B **DISTRIBUTION OF INCOME**



* GFA revenue is net of costs incurred in conducting the Appeal. Total funds raised was \$18,043,251.

** From 1 March 2017 to 28 February 2018, RCH Auxiliaries raised \$1,401,419 which was included in the RCH Good Friday Appeal total. The balance represents amounts collected towards the 2019 Appeal.

BOARD OF DIRECTORS

Peter Yates AM BCom Melb MSc,(Mgt) Stanford MAICD, Doctorate of the University (Murdoch) – Chairman

Mr Yates has been the Chairman of The Royal Children's Hospital Foundation since July 2012. He is Deputy Chairman of The Myer Family Investments Ltd, a director of AIA Australia Limited and a director of Linfox Australia Pty Ltd. He is Chairman of the Royal Institution of Australia, the Australian Science Media Centre, the Faculty of Business and Economics at the University of Melbourne, the Shared Value Project, the NHMRC Centre for Personalised Immunology at ANU, and the Australian Research Council Centre of Excellence for Quantum Computation and Communication Technology at UNSW. Until 2001 he worked in the investment banking industry including 15 years with Macquarie Bank. He holds a Doctorate of the University from Murdoch University, a Masters degree from Stanford University Graduate School of Business, and a Commerce degree from the University of Melbourne. He speaks Japanese, having studied at Keio University in Tokyo. Until 30 June 2018, Peter was a director of the Royal Children's Hospital and has been a director of the Australian Chamber Orchestra, Asialink, Crown Ltd, The Nine Network, Ninemsn, Ticketek, Veda Ltd, the National Portrait Gallery, The Melbourne International Arts Festival, Centre for Independent Studies, MOKO.mobi, the Australia-Japan Foundation. From 2004-2007, Peter was Managing Director of Oceania Capital Partners and held the position of Chief Executive Officer of Publishing and Broadcasting Limited from 2001-2004. In the June 2011 Queen's Birthday Honours, Peter was awarded a Member of the Order of Australia for service to education, to the financial services industry and to a range of arts, science and charitable organisations and in 2017 was made a Fellow of the Australian Academy of Technology and Engineering (ATSE). Director since 2001 and Chairman since 2012.

Richard Leder BEc LLB (Hons) – Deputy Chairman

Mr Leder is a partner of the national law firm Corrs Chambers Westgarth (Corrs). He specialises in commercial litigation and media law. He is Corrs' Melbourne litigation practice group leader and the Melbourne office pro-bono partner. He represents a range of media institutions including Channel Seven Melbourne. He also advises the Catholic Archdiocese of Melbourne and represents corporate and professional organisations and community welfare groups. He holds the position of Deputy Chair of the RCH Foundation and serves on the Executive and Finance, Audit, Investment, Remuneration and Grants Committees of the Board. He also sits on the RCH1000 committee. Director since 14 September 1998.

Peter Blunden

Peter Blunden was appointed Victorian Managing Director – Editorial for News Corp Australia in 2012, with responsibility for all publications of the Herald & Weekly Times including the Herald Sun, Sunday Herald Sun, The Weekly Times, Leader Community Newspapers, and the Geelong Advertiser Group. Peter was previously Managing Director of the Herald & Weekly Times for 5 years, before which he served 11 years as editor and editor-in-chief of the Herald Sun. Peter edited the Adelaide Advertiser for more than 5 years, held various senior positions with The Australian, and was founding editor of The Australian's colour magazine in 1988. His 40 year career

with News Corp Australia has taken him from Sydney to Canberra, Adelaide and Melbourne. Peter is a director of the Herald & Weekly Times, the Royal Children's Hospital Good Friday Appeal, the Alannah & Madeline Foundation, a committee member of the Moonee Valley Racing Club, and a member of the Carbine Club. Director since 1 July 2012.

Alisa P Camplin-Warner OAM

Mrs Camplin-Warner worked globally with the IBM Corporation for 16 years, most recently holding the position of Strategy and Transformation Executive, Global Technology Services, UK & Ireland. She was Chair of the Australian Sport Foundation from 2010-2013, and is Deputy Chair of the Australian Sports Commission and a Director of the Olympic Winter Institute of Australia. Mrs Camplin-Warner was the Performance Manager for Australia's 2018 Winter Olympic Team. She's the THINK Well Ambassador for AIA Insurance's Vitality Program and has just been named as the Collingwood Football Club's first ever Patron of Women's Sport. Mrs Camplin-Warner is also a Resiliency and High Performance consultant and an in-demand keynote speaker. Mrs Camplin-Warner received the Australian Sports Medal in 2000 and the Australian Centenary Medal in 2001. Director since 30 June 2013.

Associate Professor Michael Cheung BSc (Hons) MB ChB MRCP (UK) MD FRACP

Michael Cheung is Director of Paediatric Cardiology at The Royal Children's Hospital (RCH) and Leader of the Heart Research Group at Murdoch Children's Research Institute (MCRI). He trained in paediatric cardiology at Grantham Hospital (Hong Kong), Great Ormond Street Hospital (London, UK), The Royal Brompton Hospital (London, UK), and the Hospital for Sick Children (Toronto, Canada). He was also Clinical Systems Advisor in development of the Cardiovascular Centre in Hue, Vietnam. He has published more than 120 peer-reviewed papers and nine book chapters. His research includes assessment techniques for blood flow, vascular function in congenital and acquired heart disease, functional outcomes following treatment of congenital heart disease, novel indices of ventricular function, and remote ischaemic preconditioning for induction of organ protection. Director since 19 October 2016.

Tracey Fellows

As CEO of REA Group, Tracey Fellows leads the Group's strategy, operations and investments in Australia, Asia, India and North America. Tracey joined REA Group in 2014 from Australia Post where she was responsible for the physical and digital mail. Previously, Tracey was based in Singapore as Microsoft Vice-President, Asia-Pacific where she led the management and operations for 12 countries across the region. Prior to this, Tracey was Managing Director of Microsoft Australia for four years. Director since 19 October 2015.

Hon Rob Knowles AO

Hon Rob Knowles AO was Victorian Minister for Health from 1996 until 1999 and MLC for Ballarat from 1976-1999. He has also served as Chairman of Food Standards Australia and New Zealand, as a member of the National Health & Hospital Reform Commission and as a former Aged Care Complaints Commissioner. He is currently a director with Beyond Blue Ltd, Drinkwise Australia Ltd, Global Health Ltd, IPG Ltd, the Silver Chain group of companies and St John of God Healthcare Ltd. He is also a commissioner with the National Mental Health Commission. Director since 1 December 2012.

Sameer Kumar BBus FCA

Mr Kumar is the Managing Partner for Firm Strategy at PwC. He also leads the firm's ASENZ (Australia, South East Asia, New Zealand) consulting business. He has over 26 years' experience across strategy, digital, financial effectiveness and operations, and has managed numerous projects with leading US, Asian and Australian organisations. Sammy has a Bachelor of Business - Accounting from Monash University and is a Fellowship Member of the Institute of Chartered Accountants of Australia (FCA). Additionally, Sammy has been reappointed to the Board of The Royal Children's Hospital from July 2018, and is also a Foundation Director since 19 October 2015 and Chair of Audit Committee since 15 June 2016.

Karl Kutner BPD

Mr Kutner is an alternate director of Central Equity as well as a director of a number of the Group's companies. Karl is responsible for all acquisitions and town planning matters along with overseeing the sales and marketing departments, and he has been an integral member of the Central Equity Group since its growth years on Southbank in the early 1990's. Karl holds a Bachelor Degree in Planning and Design from the University of Melbourne along with a Certificate IV in Business from RMIT. Director since 19 October 2016.

Lewis Martin GAICD

Mr Martin joined Seven as a sales executive over 20 years ago, and in 2008 he was appointed Managing Director. In addition to the day to day running of Channel Seven Melbourne, Mr Martin plays a leadership role in sports rights negotiations and broadcast management for the AFL, horse racing and tennis. Mr Martin is a board member of The Royal Children's Hospital Good Friday Appeal and the Cure for MND Foundation, and is an advisor to a number of Melbourne-based not-for-profit organisations. He is also a board member of Racing.com and a member of the Australian Institute of Company Directors. Director since 30 June 2013.

Andrew Shelton BA MA Cambridge FAICD

Mr Shelton is a company director, and an independent corporate finance advisor and consultant. He is the Principal and Director of Andrew Shelton & Co Pty Limited, and the founder and Director of Ice Sports Australia Pty Limited, a company that together with ING Real Estate and the support of the Olympic Winter Institute of Australia developed the National Ice Sports Centre in Melbourne Docklands as a commercial venture. He chairs the Pembroke College, Cambridge Australian Scholarship Fund. Other activities include Treasurer of the Australian Real Tennis Association, the governing body of real tennis in Australia. Formerly, Andrew was President and CEO of JP Morgan Canada, following a period with JP Morgan in New York.

He is Chairman of the Investment Committee and a member of the Audit Committee. Director since 30 June 2013.

Dr Gillian Sparkes PhD MBA FAICD FIPAA MRACI

Dr Sparkes holds a PhD in Applied Science (Chemistry), a Masters of Business Administration and is a Fellow of the Australian Institute of Company Directors and a Victorian Fellow of the Institute of Public Administration Australia. Dr Sparkes has been the Victorian Commissioner for Environmental Sustainability since July 2014 and has held senior roles in the Victorian government including as Chair of the Board of Sustainability Victoria and Deputy Secretary Corporate and Business Services for the Department of Sustainability and Environment. She also served two terms as a director of South Gippsland Water and was the CEO of the Australian Sustainable Industry Research Centre at Monash University. Dr Sparkes is also a board member of the Country Fire Authority, the Industry Capability Network, Victoria, and is an independent member of the Victorian Government (DEDJTR) Investment Committee. Director since 19 October 2015.

John Stanway BEc Monash GradDiplR Victoria FAICD

John Stanway was appointed to the role of Chief Executive Officer (CEO) at The Royal Children's Hospital in October 2017. Prior to commencing in this role, John was the Chief Operating Officer at The Royal Children's Hospital for more than ten years, overseeing clinical operations. From 2012, John also held the position of Deputy CEO. Before joining The Royal Children's Hospital, John managed Monash Medical Centre, was Chief Executive of the Transport Accident Commission and held various senior management roles at General Motors Holden. John has a double major in Economics and a Graduate Diploma in Industrial Relations and is a Fellow of the Australian Institute of Company Directors. John was also President of the Victorian Hospitals Industrial Association and Chairman for 10 years. Director since 21 June 2017.

Dr Miriam Weisz DBA MBA BEc (Hons)

Dr Weisz has a Doctor of Business Administration specialising in Strategic Management in Education. She was an Associate Professor in Teaching and Learning at RMIT and was the Director of the University's quality improvement processes. After retirement from full-time employment, Dr Weisz was appointed to the Victorian Board of the Australian Medical Board in 2011 and was a member of the Australian Medical Council from 2012-2017 and the Australian Joint Distribution Committee from 2014-2017. She was also appointed to the Regional Board of the Psychology Board of Australia in 2017. Dr Weisz served as the Chair of the Development Board of the Centre for Adolescent Health at the Royal Children's Hospital for 10 years from 2006 and she is currently President of RCH Auxiliaries. Director since 19 October 2016.

Sue Hunt - Company Secretary

Sue Hunt is CEO of the RCH Foundation. She was appointed to the position of Company Secretary on 6 October 2010.

COMMITTEES

EXECUTIVE AND FINANCE

Peter Yates AM – Chair

Sue Hunt

Richard Leder

Dr Gillian Sparkes

John Stanway

AUDIT AND CORPORATE RISK MANAGEMENT

Sameer Kumar – Chair

Alisa Camplin-Warner OAM

Richard Leder

Andrew Shelton

INVESTMENT COMMITTEE

Andrew Shelton – Chair

Sue Hunt

Richard Leder

Peter Yates AM

JB Were (external advisors)

REMUNERATION

Peter Yates AM – Chair

Sue Hunt

Richard Leder

GRANTS COMMITTEE

Peter Yates AM – Chair

Peter Blunden

Sue Hunt

Professor Cheryl Jones

Richard Leder

Professor Kathryn North AM

John Stanway

AUXILIARIES EXECUTIVE COMMITTEE

Louise Gourlay OAM – Patron

Dr Miriam Weisz – President

Barbara Nicoll – Vice President

Paula Appelhans – Secretary

Susan Haywood

Helen Mann

Janice Memery

Julie Vlassis-Cooke

Sue Hunt

Andrew Long – Treasurer ex-officio

RCH FOUNDATION STAFF

EXECUTIVE

Sue Hunt
Chief Executive Officer

Nicole Elischer
Executive Assistant

FINANCE

Andrew Long
Chief Financial Officer

Christine Pickering
Management Accountant

Pranav Kaushal
Accountant

Position Vacant
Office Manager

GRANTS

Rachael Hurley
Director, Grants

Dorani Lacey
Grants Officer

RCH 150

Jennifer Barry
Project Director

Bebe Backhouse
Senior Project Producer

FUNDRAISING

Ryan Brown
Director, Fundraising

Barbara Talisman CFRE
Director, Principal Gifts

Giovina Cicchitti
Manager, Corporate Engagement

Laura Buck
Manager, Auxiliaries and Fundraising

Jo McKeown
Fundraising Executive

Lucia Di Maio
Auxiliaries Administration Officer

Rachel Sullivan
Retail Supervisor

Allison Blahna
Manager, Individual Giving

Jessica Frea
Senior Executive, Planned Giving

Donna Aranyi
Philanthropy Executive, Major Gifts

Nick Cartwright
Philanthropy Coordinator

Ben O’Connell
Manager, Supporter Relations

Trish Godden
Coordinator, Direct Marketing

Kaitlin Howley
Database Officer, Supporter Relations

Hannah Carr
Supporter Relations Officer

Fiona Greco
Research Coordinator

COMMUNICATIONS

Shakira Silveri
Director, Communications and
Stakeholder Relations (maternity leave)

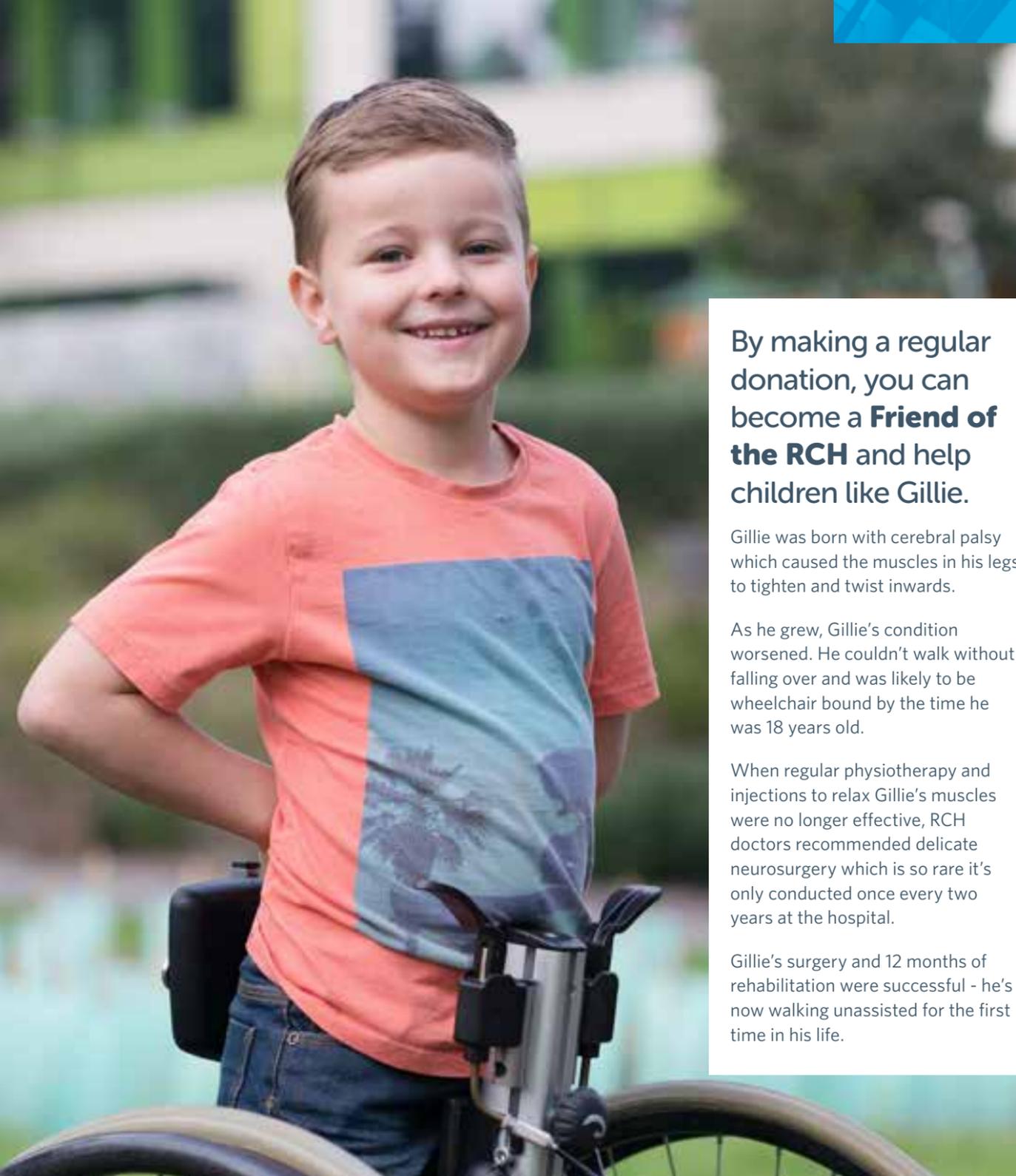
Joshua Mascara
Director, Communications

Laura Sullivan
Communications Coordinator

Michael Wright
Communications Coordinator

Position Vacant
Graphic Designer

*Thank you to the many
volunteers who have given
their time and expertise to
the RCH Foundation over
the past year.*



By making a regular donation, you can become a **Friend of the RCH** and help children like Gillie.

Gillie was born with cerebral palsy which caused the muscles in his legs to tighten and twist inwards.

As he grew, Gillie's condition worsened. He couldn't walk without falling over and was likely to be wheelchair bound by the time he was 18 years old.

When regular physiotherapy and injections to relax Gillie's muscles were no longer effective, RCH doctors recommended delicate neurosurgery which is so rare it's only conducted once every two years at the hospital.

Gillie's surgery and 12 months of rehabilitation were successful - he's now walking unassisted for the first time in his life.

By becoming a **Friend of the RCH**, you can help the hospital continue to provide the very best care to patients like Gillie.

Phone **03 9345 5037** or visit rchfoundation.org.au/donate

GIVING

17/18

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ABN 15 007 143 142

The Royal Children's Hospital Auxiliaries

The Auxiliaries are community groups established across Victoria that raise funds for the hospital.

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